



*From One
Brave Wife
to Another*

**A PRACTICAL, BIBLICAL HANDBOOK
FOR CHRISTIAN WIVES**

FIGHT
FOR YOUR
Marriage
WITH ANIKA

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www.fightforyourmarriageTODAY.com

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**From One Brave Wife to Another: A Practical, Biblical Handbook
for Christian Wives**

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INTRODUCTION

At FIGHT for Your Marriage with Anika we understand the deep pain and feelings of hopelessness caused by alienation from your husband. With God's help, we've created a holistic framework that helps you heal from your pain, create hope, and restore intimacy – so you will feel empowered and enjoy a life of more stability.

From One Brave Wife to Another was written by a team of Christian wives committed to encouraging wives like you as you press forward on your journey of healing and rebuilding the broken areas of your life.

As we consider the theme of rebuilding, I'd like to turn your attention to the life of Nehemiah, a man of God from Bible times who served as cupbearer for the king of Medo-Persia. Life was going well for Nehemiah, but his heart was troubled when he learned of the great affliction his people were experiencing and sad state of his beloved city Jerusalem. Upon hearing the news, Nehemiah cried, mourned, fasted, and prayed.

Nehemiah had a heart to repair the broken and burned down walls of Jerusalem. What kind of brokenness are you looking to God to repair?

As we pray and go forward in faith repairing and rebuilding broken hearts, broken lives, and broken relationships, we can confidently say like Nehemiah that the God of heaven will prosper us. (Neh. 2:20)

Has the path you've chosen been lonely and discouraging at times? You are not alone, my sister! God has promised to never leave you nor forsake. He loves you with an everlasting love, and appreciates your decision to stand firm and be a light in this dark world.

Nehemiah's enemies tried to discourage him from rebuilding by laughing at him, being angry, and going so far as to make false accusations against him.

Your family members and friends may try to discourage you from rebuilding by laughing at you, being angry, saying things that aren't true, threaten you, join together against you, or try to fight you and hinder the work. Do not be afraid of them. Remember the Lord which is great and terrible, and FIGHT for your husband and your children. (Nehemiah 2:14)

God promises to FIGHT for you! (Nehemiah 2:20)

In some cases, it may even be better to not let some people know that God has put the work of rebuilding your broken life or marriage in your heart. (Nehemiah 2:12)

Don't allow the negativity of others to discourage you. Have a made-up mind. With God's help, build up the places in your life the enemy has broken down and tried to destroy. (Nehemiah 1:3)

If the aforementioned tactics don't work, the enemy may resort to distractions that prevent you from making the most of your time. When the enemy tempts you to waste time complaining, finding fault with others, mindlessly scrolling on your phone, spending excessive time on social media, binging on Netflix or YouTube follow the example of Nehemiah and proclaim, "I am doing a great work, so that I cannot come down: why should the work cease, whilst I leave it, and come down to you?" As soldiers in the Lord's army, fighting the good fight of faith, we must ignore distractions and keep our eyes heavenward.

The enemy is persistent, so be prepared. Nehemiah's enemies came to him FIVE times with the same request to come and meet

with them! But each time Nehemiah stood strong like Jesus in the wilderness with Satan and he refused to give in to the enemy's temptations. Be strong, my sister. Resist the devil and he will flee.

What was the result of Nehemiah's commitment to prayer, bravery, and perseverance? The wall was finished in 52 days!

For the next 52 days, I challenge you to pray, rise up and build the broken areas of your life.

It is my prayer that this book will encourage, empower and equip you with tools you need to put on the whole armor of God, be strong in His power, and FIGHT for your marriage!

May God bless you, show Himself strong on your behalf, and do exceeding abundantly above all you could ask or think during the next month and a half!

Anika Chrishon

Founder and director of FIGHT for Your Marriage with Anika

FIGHT is an acronym that briefly explains the indispensable **weapons of faith** God placed in my hands when my husband and marriage were under attack in 2000.

F Fervently Pray (James 5:16)

I Identify Bible Promises (2 Peter 1:4)

G Give Thanks (Psalm 107:1)

H Have Patience (Lamentations 3:25, 26)

T Take Time for Testimonies (Revelation 12:11)

Chapter 1

FIGHT DEVOTIONAL THOUGHTS AND REFLECTION QUESTIONS



FERVENTLY PRAY

PRAY DAILY

Keep your wants, your joys, your sorrows, your cares, and your fears before God. You cannot burden Him; you cannot weary Him. He who numbers the hairs of your head is not indifferent to the wants of His children. "The Lord is very pitiful, and of tender mercy." James 5:11. His heart of love is touched by our sorrows and even by our utterances of them. Take to Him everything that perplexes the mind. Nothing is too great for Him to bear, for He

holds up worlds, He rules over all the affairs of the universe. Nothing that in any way concerns our peace is too small for Him to notice. There is no chapter in our experience too dark for Him to read; there is no perplexity too difficult for Him to unravel. No calamity can befall the least of His children, no anxiety harass the soul, no joy cheer, no sincere prayer escape the lips, of which our heavenly Father is unobservant, or in which He takes no immediate interest. "He healeth the broken in heart, and bindeth up their wounds." Psalm 147:3. The relations between God and each soul are as distinct and full as though there were not another soul upon the earth to share His watchcare, not another soul for whom He gave His beloved Son. {SC 100.1}

REFLECTION

Highlight how God is described in this passage.
Underline what God wants you to do.

PRAY FOR THOSE WHO HURT YOU

The Lord turned the captivity of Job when he prayed, not only for himself, but for those who were opposing him. When he felt earnestly desirous that the souls that had trespassed against him might be helped, he himself received help. Let us pray, not only for ourselves, but for those who have hurt us, and are continuing to hurt us. Pray, pray, especially in your mind. Give not the Lord rest; for His ears are open to hear sincere, importunate prayers, when the soul is humbled before Him. {SDA Bible Commentary, volume 3, page 1141}

REFLECTION

When did Job receive help?

Write the names of those who have hurt you and the names of those who are continuing to hurt you.

Pray for each of them by name. Pray that God will forgive them and that they will know God and reflect His character. Pray also that God will help you to forgive them and that God will love them through you.

IDENTIFY BIBLE PROMISES

GOD'S PROMISES ARE FOR YOU

All along our pathway God places the flowers of promise to brighten our journey. But many refuse to gather these flowers, choosing instead the thorns and thistles. At every step they weep and mourn, when they might rejoice in the Lord because He has made the road to heaven so pleasant. {ML 338.3}

As we look at the promises of God we find comfort and hope and joy, for they speak to us the words of the Infinite One. Properly to appreciate these precious promises we should study them carefully, examining them in detail. How much joy we might bring into life, how much goodness into the character, if we would but make these promises our own! As we journey in the upward way, let us talk of the blessings strewn along the path. As we think of the mansions Christ is preparing for us, we forget the petty annoyances which we meet day by day. We seem to breathe the atmosphere of the heavenly country to which we are journeying, and we are soothed and comforted. . . . Let us honor God by weaving more of Jesus and heaven into our lives. . . . {My Life Today, page 338}

Under a storm of stinging, faultfinding words, keep the mind stayed upon the word of God. Let mind and heart be stored with God's promises. If you are ill-treated or wrongfully accused, instead of returning an angry answer, repeat to yourself the precious promises:

"Be not overcome of evil, but overcome evil with good." Romans 12:21.

"Commit thy way unto the Lord; trust also in Him; and He shall bring it to pass. And He shall bring forth thy righteousness as the light, and thy judgment as the noonday." Psalm 37:5, 6.

"There is nothing covered, that shall not be revealed; neither hid, that shall not be known." Luke 12:2.

"Thou hast caused men to ride over our heads; we went through fire and through water: but Thou broughtest us out into a wealthy place." Psalm 66:12. {MH 486.6}

REFLECTION

When tempted to worry, complain, or dwell on negative thoughts, choose to focus on the flowers of promise that will brighten your journey. Make a list of the concerns you have (marriage, husband, children, finances, health, etc). Next to each concern write a Bible promise. Throughout the day pray and dwell on these promises. You may find it helpful to write the promises on small index cards or make a note in your phone.

GIVE THANKS

GIVE THANKS TO GOD

Many professed Christians dwell too much on the dark side of life, when they might rejoice in the sunshine; they repine when they should be glad; they talk of trials when they should offer praise for the rich blessings they enjoy. They look at the unpleasant things, hoard up the disappointments, and sigh over the griefs, and, as a consequence, grow heavyhearted and sad, when, should they count up their blessings, they would find them so numerous that they would forget to mention their annoyances. If they would every day take note of the favors that are done them; if they would store their minds with the precious memory of kindnesses received, how much occasion they would find to render thanks and praise to the Giver of all good. {My Life Today, page 327}

REFLECTION

Yesterday you made a list of concerns you have. Today write 5 praises, blessings, favors received, lessons learned, or good qualities regarding each concern.

For example, if you are concerned for your husband, instead of focusing on what he did or did not do, make a list of 5 things you like about him.

Instead of thinking of your discouragements, think of the power you can claim in Christ's name. Claim God's promises and trust Him to work all things out for your good and His glory.

HAVE PATIENCE

WAIT UPON THE LORD

We all desire immediate and direct answers to our prayers, and are tempted to become discouraged when the answer is delayed or comes in an unlooked-for form. But God is too wise and good to answer our prayers always at just the time and in just the manner we desire. He will do more and better for us than to accomplish all our wishes. And because we can trust His wisdom and love, we should not ask Him to concede to our will, but should seek to enter into and accomplish His purpose. Our desires and interests should be lost in His will. These experiences that test faith are for our benefit. By them it is made manifest whether our faith is true and sincere, resting on the word of God alone, or whether depending on circumstances, it is uncertain and changeable. Faith is strengthened by exercise. We must let patience have its perfect work, remembering that there are precious promises in the Scriptures for those who wait upon the Lord. {MH 230.4}

REFLECTION

Use a concordance or Google to search for the precious promises in the scriptures for those who wait upon the Lord. When you are tired of waiting, read these promises and ask God to give you strength and peace while waiting. Reflect on some of the Bible stories where people had to wait years for God's promise to be fulfilled in their life. How did they wait and what lessons can you learn from them?

Within the next few days ask different people to tell you about a time that their prayers were delayed or came in an unlooked-for form.

TAKE TIME FOR TESTIMONIES

BE A WITNESS FOR GOD

After the woman of Capernaum had been healed by the touch of faith, Jesus desired her to acknowledge the blessing she had received. The gifts which the gospel offers are not to be secured by stealth or enjoyed in secret.

"Ye are My witnesses, saith the Lord, That I am God." Isaiah 43:12.

Our confession of His faithfulness is Heaven's chosen agency for revealing Christ to the world. We are to acknowledge His grace as made known through the holy men of old; but that which will be most effectual is the testimony of our own experience. We are witnesses for God as we reveal in ourselves the working of a power that is divine. Every individual has a life distinct from all others, and an experience differing essentially from theirs. God desires that our praise shall ascend to Him, marked with our own individuality. These precious acknowledgments to the praise of the glory of His grace, when supported by a Christlike life, have an irresistible power that works for the salvation of souls. {Ministry of Healing 100.2}

REFLECTION

List how God has been good to you.

Each day for the next 7 days share your testimony with a different person. Tell them about the faithfulness of God.

Chapter 2

BRAVE WIVES' TESTIMONIES



BRAVE WIFE YONIQUE'S TESTIMONY

It was early one Sabbath morning, Abba led me to a nearby park. My intention was to attend a Bible study at eleven, but Abba had other intentions with me. As I sat in my car, I began pouring out my heart to Him. It was in my desperate cries Yahuah met me. Words can't express the overwhelming shalom that flooded my heart. Something shifted; I felt so free. That pain was lifted, and my heart felt glad.

How could I leave this peaceful moment for something else, so I just sat and worshipped Him. The very thing I thought that would consume me became lighter and more bearable. Truly He hath borne my griefs, and carried my sorrows (Isaiah 53:4). And though my afflictions are many, He delivered me out of them all (Psalms 34:19).

The breakdown of my marriage was an opportunity for Yahuah to step in and transform my heart. The choice was given; cleave or flee, trust Me or lean on your own understanding? Abba promised Isaiah 43:2, "When you pass through the waters, I am with you; and through rivers, they do not overflow you. When you walk through fire, you are not scorched., and a flame does not burn you." So, with little faith and fear in my heart, I chose Yah. This journey has shown me who I was and what Yahuah desires me to be. Trust Him in the process. There will be very hard days, and there will be somewhat lighter days, but be confident He is always near to the longing heart. The Father is not only interested in restoring your marriage

but most importantly in transforming you into His likeness and using you as a vessel to comfort others.

His Word is filled with so many promises of His faithfulness and trustworthiness. He knows what's best for me, and I've released my will to His perfect will for me. Don't let your heart be troubled, my dear friend. The Father will reward you from His rich treasures. Yahuah appeared to me from afar saying; I have loved you with an everlasting love; therefore I shall draw you with loving commitment. Jeremiah 31:3

BRAVE WIFE JOHNNIE TUCKER JONES' TESTIMONY BRAVE WIVES THAT FIGHT

Someone may ask, "How does the life of Nehemiah strengthen wives?" Following is the response. From the outset Nehemiah asks God to, "Think upon me, my God, for good, according to all that I have done for this people." (Nehemiah 5:19) He was bold in asking God—despite what others were doing—to not only keep him on His mind, but to also give him the courage he needed to finish this work. Bearing in mind that before that encounter, he risked his life by showing sadness before the king. Why is that important? Because he was a cupbearer for the king. He did not have the right to be sad in the king's presence. Thus, armed with that victory and with permission to go back and build the wall of Jerusalem, he asked his God to remember him for this good.

How does that translate to you, wife? Ephesians 6:11-18, makes it very clear that being a wife is Not protection against attacks! On the contrary, it is in being a wife that the enemy unleashes full frontal assault. So, as in Nehemiah 2:20, we say boldly to the enemy—the devil—... "I am doing a great work, so that I cannot come down: why should the work cease, whilst I leave it, and come down to you? Yet, they sent unto me four times after this sort; and I answered them after the same manner" (Nehemiah 6:3,4).

In the context of marriage, we stay in the war, battling and sometimes bruised, but always with the armor of God. When you recognize the enemy—as Nehemiah did—, you know it is not your fight. Stay faithful in loving your God, trusting your God, and giving Him thanks for the war. Why? Because He knows why He allowed it. We must examine ourselves in the Lord and see if we are in the faith or just in a marriage.

BRAVE WIFE WANDA ADAMS' TESTIMONY

I have a great husband who handles his business at work and home. But, because of his upbringing, he has been scared, bitter, hurt, isolated, and just pretty much damaged. Because of his hurt, as the saying goes, hurt people hurt people. His words can cut deep at times until I feel like cutting deeper. But once I joined the Fight for Your Marriage Women's group, Sis. Anika began to help shed the light on me, not my spouse. She has taught me to identify and apply the Bible promises, which is the word of God concerning my situations. My husband has improved a lot; but there is still work to do. I only speak what I want to see. Ladies, it works, and it will work for you as well in your situation. You must believe and not doubt. Wait on the Lord, and be patient. Remember that He's not on our time schedule. Allow him to correct and mend pieces how He sees fit. Once you give it to Him, leave it alone.

When you pray, give the Lord His Words back to Him and see what happens.

So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper in the thing whereto I sent it. Isaiah 55:11 KJV

A soft answer turneth away wrath: But grievous words stir up anger. Proverbs 15:1 KJV

BRAVE WIFE JOYLYN'S TESTIMONY

WORDS OF COMFORT

I lost my job in November, 2021, and I expected that my immediate family would be more supportive of me. However, I was disappointed, but, when the arm of flesh fails, alleluia, Jesus never fails. I turned to God in my time of weakness, and praise the Lord He provided the strength and resources to go on. Psalms 27 has been a source of strength for me.

The Lord is my light and my salvation; whom shall I fear? the Lord is the strength of my life; of whom shall I be afraid? vs1

For in the time of trouble he shall hide me in his pavilion: in the secret of his tabernacle shall he hide me; he shall set me up upon a rock. vs 5

When my father and my mother forsake me, then the Lord will take me up. vs 10. I had fainted, unless I had believed to see the goodness of the Lord in the land of the living. vs 13

Another quote from Desire of Ages says:

"Worry is blind, and cannot discern the future; but Jesus sees the end from the beginning. In every difficulty He has His way prepared to bring relief. Our heavenly Father has a thousand ways to provide for us, of which we know nothing. Those who accept the one principle of making the service and honor of God supreme will find perplexities vanish, and a plain path before their feet."

For the past 2 years I sponsored the religious liberty magazine to the officials of my city. This year I felt I could not sponsor the subscription. However I decided to go through with the subscription tapping into my small savings account although I had many bills to pay. On the same day I mailed the subscription to the conference, an unexpected check was deposited in my account.

In fact I did not know about it until 2 weeks later when the bank called asking my husband to pay a missed credit card bill. I told my husband I only had about \$5 in the account. To my surprise he informed me of this check. Praise the Lord it was enough to cover all our bills.

In the past few months I have learned that I need to put all trust and confidence in God. In days like these we have to untangle ourselves from everyone and tighten our grip on God. While we care and love our husband and children, we cannot rely on them in this battle. We have to be grounded for ourselves. I have challenges in my marriage like everyone else, but I take them to the Lord in prayer and watch him fight my battles, so I can have peace in the midst of the storm. It is easy to complain when things are not going well, but God wants us to develop patience in tribulation. So let us " wait on the Lord: be of good courage, and he shall strengthen thine heart: wait, I say, on the Lord". Psalm 27:14

BRAVE WIFE R.M. COLEMAN'S TESTIMONY

THE GOOD FIGHT OF FAITH

One of my favorite songs is the hymn by William Hiley Bathurst, "Oh, For a Faith."

Oh, for a faith that will not shrink though pressed by many a foe.
That will not tremble on the brink of any earthly woe!

That will not murmur nor complain, beneath the chastening rod,
But in the hour of grief or pain Can lean upon its God.

In many ways, these words are easier sung than done. Yet time and again we are reminded through various passages of scripture that we ought to suffer pain and persecution without complaining. In Philippians 2:14-16 we are told to "Do everything without complaining and arguing so that no one can criticize you. Live clean, innocent lives as children of God, shining like bright lights in a world full of crooked and perverse people. Hold firmly to the word

of life; then, on the day of Christ's return, I will be proud that I did not run the race in vain and that my work was not useless" (NLT).

God is coming back for people who are like him. "Who when he was reviled, reviled not again; when he suffered, he threatened not but committed himself to him that judgeth righteously (1 Pet. 2:23)". In simple terms, God is coming back for a non-retaliating group of people. The human nature in most of us, when we feel we have been wronged or slighted, tells us to retaliate. However, we are expected as Christians to turn the other cheek. How does one accomplish this seemingly impossible feat?

We must come to the realization that all the circumstances that surround us are by God's divine permission, and no harm can come to us except as God allows it. The loving hand of the Almighty is always watching over us, and those with a non-retaliatory spirit are aware of this fact and trust His wisdom.

They are aware that God allows trials and tribulations to come but for one purpose -- to refine their characters. Isaiah 48:10, "Behold, I have refined thee but not with silver; I have chosen thee in the fire of affliction". This hot furnace of affliction is part of the purification process that our wise and loving Father allows as part of our sanctification.

We do not need to retaliate; God has promised to fight our battles. Exodus 14:13, "Fear ye not, stand still, and see the salvation of the Lord." The only fight we should engage in as children of God is the fight of faith. 1 Timothy 6:12 tells us to fight the good fight of faith, and in so doing we lay hold on eternal life".

BRAVE WIFE JEWEL'S TESTIMONY

Matthew 17:21 says, "However, this kind does not go out except by prayer and fasting." I kept this in mind as I would fast and pray for my marriage and family from time to time. As I recall, it was on a Wednesday that I had spent the day fasting. I had gone to prayer meeting, but, by the time prayer meeting was over, I was very frustrated because I was giving up my food and nothing seemed to change.

When I got home, I prayed for a sign that things would improve. Out of nowhere, a thought came. The thought was, if my husband would ask me to study the Sabbath School lesson, then I would know that things were going to change for good. The thought was very random, and it was not one that I consciously thought through. Shortly after this happened, my husband called. He was speaking in a very humble voice, and he said a few things to me. Out of nowhere, he said, "and would you like to study the Sabbath School lesson tonight?" It was nothing short of a miracle because we had not been studying our Sabbath School lesson at that time on a regular basis. Granted, when he got home, we did not even study the lesson. I believe, God gave me a sign that was prompted by the Holy Spirit. I wish that I could say that everything was smooth sailing after that, but God gave me encouragement to hold on.

We would like things to change instantly, but God is working all things out for our good. He is more concerned about our salvation than anything else, and however long it takes for us to get the lessons in life so that we can have the mind and character of Christ, God is going to patiently and lovingly work with us.

It has been over fifteen years since that occurrence, and I can truly say, God is amazing! I have been married for 30 years, and God is still working on us and our children. I am seeing so many prayers answered, but the story is not finished. I give him praise, honor, and glory for what He has done and, also, for what He is going to do in the near future.

Every day I must surrender my life to God, because He knows what is best for me. As I write this, I am in the midst of a personal trial, but I have learned that I must be still and know that God is God. My life is in His hands, and He will uphold me with His righteous right hand. I can claim Philippians 4: 6, 7 and His peace comes to guard my heart and my mind through Christ Jesus.

BRAVE WIFE PENNY SMITH'S TESTIMONY

I am Penny Smith, and I am on the other side of infidelity. I have recently celebrated 20 years of marriage as of 03/08/2022. We had made it to 10 years, when my husband informed me he found himself being attracted to other women. To give a little background, I worked overnight shifts for 10 years. We had 3 small kids, and for a period of time my mother, my pregnant sister, and nephew were living with us. I am not trying to make excuses but pointing out some of the distractions. As a married couple, it is imperative to nurture the marriage so it can build on a strong foundation.

Keep in mind, Satan came to me first and had me thinking that I wanted to be with someone else. However, I had good friends that were believers and knew the meaning of marriage through the lens of ABBA, so they prayed for me. I was able to resist Satan, and he flew straight to my husband. We were married at 24-yrs-old and neither of us had previously witnessed a successful marriage. When we initially started going through this, I did not have anyone to confide in, who was married, especially in the church. I would get the same old saying, "I will be praying for you." ABBA started sending people my way to not only speak into my marriage but to me as well.

A woman told me ABBA was going to send my husband back home, and she introduced me to the likes of Alton R. Williams(World Overcomers). He wrote books on marriage and also made CDs, one in particular (Getting the Hell out of my House). I

started to invest into what I was going through. I learned about Stormie Omartian and invested in “The Power of a Praying Wife” and “The Power of Prayer to Change your Marriage”. Then I started to follow Jimmy and Karen Evans (“Marriage Today”). I would read the prayers from “The Power of a Praying Wife” aloud, insert my husband’s name in them, and put Blessing Oil on him without his knowledge. What I learned is ABBA was changing me first, and then He would go back around to get him. ABBA cannot and will not put you back together the same as before.

Most importantly, I had to develop a closer relationship with ABBA. It was something I had to learn out of the situation, and what I learned is that I had made my husband and children gods. I had lost myself in being a wife and mother until I did not know how to dress. I had to rediscover myself again. What does Penny like? What does Penny like to do? Who is Penny? What I discovered is that I love me.. At the time, I didn’t have a particular scripture to stand on. However, Genesis 12:1-20, Genesis 20:1-18, and Genesis 26: 6-11 have allowed me to see the importance of marriage through ABBA's lens. We as women are powerful and stronger than we give ourselves credit for, because ABBA backs us in situations like these. I promised ABBA when I came out on the other side, I would never be without a word for a woman walking through infidelity.

BRAVE WIFE LINDA’S TESTIMONY

I have to say all of the points used to fight for your marriage have their place and are useful. However, I have found claiming the Bible promises, fervently praying, and giving thanks to be my biggest go to during the difficult times in my marriage. Initially it was difficult for me to quote Bible promises, pray, and give thanks, because I still desired to handle things myself. My way, which would cause the situation to escalate and get worse, continued to make my home unhappy.

My husband and I work together, so we are together all day most of the days. God has intervened at times when my husband and I have had a disagreement at work, home, or in our marriage.

The Brave Wives group has provided me support and encouragement, which has helped me to seek God in the difficult times. I have learned to thank God for the positive qualities I see in my husband and not focus so much on the negative qualities or what is happening in the moment. Most importantly God has blessed me to be patient and persevere, as I fight for my marriage.

Here are three promises I have used to get me through tough times:

Exodus 14:14 – “The Lord shall fight for you, and you shall hold your peace.”

Psalms 27:10 – “When my father and mother forsake me, then the Lord will take care of me.” I replace mother and father with my husband’s name.

Romans 12:21 – “Be not overcome of evil, but overcome evil with good.”

BRAVE WIFE ANDREA’S TESTIMONY

I deeply empathize with what you’re going through. I’m walking in your shoes in a similar way, and I understand your pain. Although our situation is not identical, it is close. What has helped me in this trying time is to live separately. Once you have kindly communicated in a non-defensive way how his words really make you feel, set a limit on his abuse. Use I-messages to communicate. “I feel... when you...” If he is open and truly responsive, you may not have to take the route I took. Respect him and his choices, but kindly and lovingly establish boundaries for your own sake. You cannot make him love you; he must choose to.

Respect his choice, but continue to seek his well-being. At this time, you can't focus on him. He is responsible to God for his actions, as you are for yours. It's time to get up mentally, shake the dirt off of you, so to speak, and take care of yourself.

Please be faithful to your wedding vows. Keep praying for him, but leave him alone. If he refuses the marriage, let him do so. God will eventually free you, if this is the case, but let Him do it. Don't act rash. This is where I am in my journey. My husband has filed for divorce after treating me worse than trash and then totally ignoring me for 11 months. I have literally not heard from him for a very long time, even though I've reached out many times. I'm now respecting his wishes and letting him be.

Let me tell you what I've been doing to help myself. I'm coming out on the other side a much better person from having gone through this serious trial. It's not over, but I'm near the end. God is helping me and answering my prayers.

1.) I educate myself. How did I get here? Why was I attracted to my husband? How am I broken, and where did it all start? I've read books such as Changes that Heal, Boundaries in Marriage, and Our Mothers Ourselves to help me understand. I've reread certain chapters in Adventist Home as well.

2.) I've taken many a prayer walk. I've turned to God for support and love. I've written my prayers to God.

3.) I've memorized specific verses that mean a lot to me during this time, verses that give me hope, that help me feel that I'm not alone, that God is for the oppressed and distressed. These are the verses that I look for and hold on to dearly.

4.) I exercise. In the beginning, it was extremely hard for me. To make matters worse, I am an elementary school teacher. So, in the morning at 5:40, I would exercise intensely. This would really help my mood during the day.

My students were the greatest distraction from my problems. I poured my heart and my all into those kids, and this helped. At the end of the day, I would drive to a gym and exercise. This really, really helped me a lot. It helped me to feel good about myself, and it made me feel happy.

5.) I had a good support system. I couldn't rely on my parents during this time, so I relied on friends who I knew I could trust. I would talk to a few different friends to help me cope, analyze, think, and pray. I didn't feel judged by any of them for being in this unfortunate situation; I knew they loved me for me. They would encourage me often and check up on me, too.

6.) I joined the chorale, and I decided to develop myself and do things I never was able to do. During this time, I have learned to paint, and I learned to play the piano. I have also perfected my flute-playing skills. I learned to braid and take good care of my own hair. I took up teaching the Sabbath School lesson for kids. On Sundays sometimes I would swim in an indoor swimming pool to release any tension and stress that had built up during the week. All these things helped me to feel good about myself and about what God was doing in me.

7.) I spoke faith to myself. I told myself the truth about myself out loud to counteract how I felt inside sometimes. I chose to believe that God would deliver me, and I acted as if He would do so. I set aside my expectations for God to do things the way I thought it should go and watched to see what would happen. Sure enough, I got the news that he had filed— God was delivering me.

8.) I go to church regularly, and stay around positive people.

These are the things that have helped me personally. I'm a different person. Before, I was very underweight. I was depressed too, but I can truly say what was deemed for evil towards me has turned around for my good.

My story is not finished, but I hope this helps in some way. Remember, you are not alone.

ANONYMOUS BRAVE WIFE'S TESTIMONY

TESTIMONY OF GOD'S FAITHFULNESS:

A few years into my stand, a miracle happened when my husband professed his love for me. He stated he has always wanted to come home, but he didn't know how to. He admitted he was still lost and didn't know how to get home, but he couldn't imagine his life without me anymore. He could no longer push it down and distract himself with other people. He asked for time. I knew he still needed to turn to God, and he hadn't yet at that time.

He poured his heart out, sharing specific details of all he had been thinking, feeling, and experiencing over the years, things that I had NO CLUE about. This was God showing that even though there was NO natural sign or indication of movement, God had been moving in his heart THE ENTIRE TIME, without me seeing it, and all while He worked on me.

Most recently, my husband shared how he begins almost every morning listening to CDs of a pastor I sent him. He mentioned how it "makes him feel more complete and speaks things he needs to hear". PRAISE THE LORD!

God answers prayer and will stay faithful to every promise. I held onto this, when God revealed this miracle and his faithfulness. I'm

still waiting for my husband's salvation and for him to return home, but I know God will continue to answer my prayers and sustain me.

I won't give up on God about my marriage or my husband. You shouldn't either!!!

Chapter 3

15 STEPS TO GAINING MORE VICTORIES



1. SURRENDER YOURSELF TO GOD

Many are inquiring, "How am I to make the surrender of myself to God?" You desire to give yourself to Him, but you are weak in moral power, in slavery to doubt, and controlled by the habits of your life of sin. . . What you need to understand is the true force of the will. This is the governing power in the nature of man, the power of decision, or of choice. Everything depends on the right action of the will. The power of

choice God has given to men; it is theirs to exercise. You cannot change your heart, you cannot of yourself give to God its affections; but you can choose to serve Him. You can give Him your will; He will then work in you to will and to do according to His good pleasure. Thus your whole nature will be brought under the control of the Spirit of Christ; your affections will be centered upon Him, your thoughts will be in harmony with Him. {SC 47.1}

Through the right exercise of the will, an entire change may be made in your life. By yielding up your will to Christ, you ally yourself with the power that is above all principalities and powers. You will have strength from above to hold you steadfast, and thus through constant surrender to God you will be enabled to live the new life, even the life of faith. {Steps to Christ 48.1}

2. UNDERSTAND THE TRUE FORCE OF THE WILL

What you need to understand is the true force of the will. This is the governing power in the nature of man, the power of decision, or of

choice. Everything depends on the right action of the will. The power of choice God has given to men; it is theirs to exercise. You cannot change your heart, you cannot of yourself give to God its affections; but you can choose to serve Him. You can give Him your will; He will then work in you to will and to do according to His good pleasure. Thus your whole nature will be brought under the control of the Spirit of Christ; your affections will be centered upon Him, your thoughts will be in harmony with Him. {SC 47.1}

Desires for goodness and holiness are right as far as they go; but if you stop here, they will avail nothing. Many will be lost while hoping and desiring to be Christians. They do not come to the point of yielding the will to God. They do not now choose to be Christians. {SC 47.2}

Through the right exercise of the will, an entire change may be made in your life. By yielding up your will to Christ, you ally yourself with the power that is above all principalities and powers. You will have strength from above to hold you steadfast, and thus through constant surrender to God you will be enabled to live the new life, even the life of faith. {Steps to Christ 48.1}

3. YIELD YOUR WILL TO CHRIST

Be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God. Rom. 12:2 {ML 318.1}

There is nothing that can keep you away from God but a rebellious will. {ML 318.2}

The will is the governing power in the nature of man. If the will is set right, all the rest of the being will come under its sway. The will is not the taste or the inclination, but it is the choice, the deciding power, the kingly power, which works in the children of men unto obedience to God or to disobedience. {ML 318.3}

You will be in constant peril until you understand the true force of the will. You may believe and promise all things, but your promises and your faith are of no account until you put your will on the right side. If you will fight the fight of faith with your will power, there is no doubt that you will conquer. {ML 318.4}

Your part is to put your will on the side of Christ. When you yield your will to His, He immediately takes possession of you, and works in you to will and to do of His good pleasure. Your nature is brought under the control of His Spirit. Even your thoughts are subject to Him. If you cannot control your impulses, your emotions, as you may desire, you can control the will, and thus an entire change will be wrought in your life. When you yield up your will to Christ, your life is hid with Christ in God. It is allied to the power which is above all principalities and powers. You have a strength from God that holds you fast to His strength; and a new life, even the life of faith, is possible to you. {ML 318.5}

You can never be successful in elevating yourself, unless your will is on the side of Christ, cooperating with the Spirit of God. Do not feel that you cannot; but say, "I can, I will." And God has pledged His Holy Spirit to help you in every decided effort. {My Life Today 318.6}

4. PRAY DAILY

Daily prayer is as essential to growth in grace, and even to spiritual life itself, as is temporal food to physical well-being. We should accustom ourselves to often lift the thoughts to God in prayer. If the mind wanders, we must bring it back; by persevering effort, habit will finally make it easy. . . {Messages to Young People 115}

5. STUDY THE WORD OF GOD

Study the Word. When you are in perplexity, search the Word for instruction that is suited to your case. Seek the Lord for guidance. Never entertain that which the Lord forbids in His Word, and that which His Word requires, ever seek to do. "Search the scriptures; for

in them ye think ye have eternal life: and they are they which testify of me" (John 5:39). {Upward Look 87.3}

Satan well knows that all whom he can lead to neglect prayer and the searching of the Scriptures, will be overcome by his attacks. Therefore he invents every possible device to engross the mind. {The Great Controversy 519.2}

6. MEDITATE UPON THE WORD OF GOD

Merely to hear or to read the word is not enough. He who desires to be profited by the Scriptures must meditate upon the truth that has been presented to him. By earnest attention and prayerful thought he must learn the meaning of the words of truth, and drink deep of the spirit of the holy oracles. {Christ's Object Lessons 59.5}

7. SING PRAISES TO GOD

Let praise and thanksgiving be expressed in song. When tempted, instead of giving utterance to our feelings, let us by faith lift up a song of thanksgiving to God. Song is a weapon that we can always use against discouragement. As we thus open the heart to the sunlight of the Saviour's presence, we shall have . . . His blessing. {My Life Today 174.6}

8. KEEP YOUR EYES ON JESUS

Trust in the Lord. Let not the feelings, the speeches, or the attitude of any human agent depress you. Be careful that in words or act you do not give others any opportunity to obtain the advantage in hurting you. Keep looking unto Jesus. He is your strength. By beholding Jesus you will become changed into His likeness. He will be the health of your countenance and your God. . . . {This Day with God 245.4}

9. CHOOSE YOUR WORDS CAREFULLY

Never let a word of reproach or faultfinding fall upon the ears of your husband. You sometimes pass through strait places, but do

not talk of these trials. Silence is eloquence. Hasty speech will only increase your unhappiness. Be cheerful and happy. Bring all the sunshine possible into your home, and shut out the shadows. Let the bright beams of the Sun of Righteousness shine into the chambers of your soul temple. Then the fragrance of the Christian life will be brought into your family. There will be no dwelling upon disagreeable things, which many times have no truth in them. {Adventist Home, page 349}

Let those who love God and are doers of His word sing praise and thanksgiving rather than speak words of accusing and faultfinding and murmuring. The Lord will bless those who make for peace. . . . {This Day with God 245.3}

Cultivate the habit of speaking well of others. Dwell upon the good qualities of those with whom you associate, and see as little as possible of their errors and failings. When tempted to complain of what someone has said or done, praise something in that person's life or character. Cultivate thankfulness. Praise God for His wonderful love in giving Christ to die for us. It never pays to think of our grievances. God calls upon us to think of His mercy and His matchless love, that we may be inspired with praise. {Ministry of Healing 492.1}

10. EXAMINE YOURSELF

Guard jealously your hours for prayer, Bible study, and self-examination. Set aside a portion of each day for a study of the Scriptures and communion with God. Thus you will obtain spiritual strength, and will grow in favor with God. {Gospel Workers 100.1}

11. STRIVE FOR SELF-DEVELOPMENT

Our first duty to God and our fellow beings is in self-development. Every faculty with which the Creator has endowed us should be cultivated to the highest degree of perfection, that we may be able to do the greatest amount of good of which we are capable. In order to purify and refine our characters, we need the grace given

us of Christ that will enable us to see and correct our deficiencies and improve that which is excellent in our characters. {Child Guidance 164.2}

12. TRAIN YOUR MIND

Women professing godliness generally fail to train the mind. They leave it uncontrolled, to go where it will. This is a great mistake. Many seem to have no mental power. They have not educated the mind to think; and because they have not done this, they suppose they cannot. Meditation and prayer are necessary to a growth in grace. Why there is no more stability among women is because of so little mental culture, so little reflection. Leaving the mind in a state of inaction, they lean upon others to do the brainwork, to plan, and think, and remember for them, and thus grow more and more inefficient. Some need to discipline the mind by exercise. They should force it to think. While they depend upon someone to think for them, to solve their difficulties, and they refuse to tax the mind with thought, the inability to remember, to look ahead and discriminate, will continue. Efforts must be made by every individual to educate the mind. {Testimonies for the Church, volume 2 187}

13. UNDERSTAND AND OBEY THE 8 LAWS OF HEALTH

We are waging a warfare upon which hang eternal results. We have unseen enemies to meet. Evil angels are striving for the dominion of every human being. Whatever injures the health, not only lessens physical vigor, but tends to weaken the mental and moral powers. Indulgence in any unhealthful practice makes it more difficult for one to discriminate between right and wrong, and hence more difficult to resist evil. It increases the danger of failure and defeat. {Ministry of Healing 128.3}

Pure air, sunlight, abstemiousness [temperance, self-control], rest, exercise, proper diet, the use of water, trust in divine power--these are the true remedies. . . It is the duty of every person, for his own

sake, and for the sake of humanity, to inform himself in regard to the laws of life and conscientiously to obey them. All need to become acquainted with that most wonderful of all organisms, the human body. They should understand the functions of the various organs and the dependence of one upon another for the healthy action of all. They should study the influence of the mind upon the body, and of the body upon the mind, and the laws by which they are governed. {Ministry of Healing 128.1}

14. HAVE FAITH IN GOD

Every saint who comes to God with a true heart, and sends his honest petitions to Him in faith, will have his prayers answered. Your faith must not let go of the promises of God, if you do not see or feel the immediate answer to your prayers. Be not afraid to trust God. Rely upon His sure promise: "Ask, and ye shall receive." God is too wise to err, and too good to withhold any good thing from His saints that walk uprightly. Man is erring, and although his petitions are sent up from an honest heart, he does not always ask for the things that are good for himself, or that will glorify God. When this is so, our wise and good Father hears our prayers, and will answer, sometimes immediately; but He gives us the things that are for our best good and His own glory. God gives us blessings; if we could look into His plan, we would clearly see that He knows what is best for us and that our prayers are answered. Nothing hurtful is given, but the blessing we need, in the place of something we asked for that would not be good for us, but to our hurt. {1T 120.2}

I saw that if we do not feel immediate answers to our prayers, we should hold fast our faith, not allowing distrust to come in, for that will separate us from God. If our faith wavers, we shall receive nothing from Him. Our confidence in God should be strong; and when we need it most, the blessing will fall upon us like a shower of rain. {1T 121.1}

When the servants of God pray for His Spirit and blessing, it sometimes comes immediately; but it is not always then bestowed.

At such times, faint not. Let your faith hold fast the promise that it will come. Let your trust be fully in God, and often that blessing will come when you need it most, and you will unexpectedly receive help from God when you are presenting the truth to unbelievers, and will be enabled to speak the word with clearness and power. {1T 121.2}

It was represented to me like children asking a blessing of their earthly parents who love them. They ask something that the parent knows will hurt them; the parent gives them the things that will be good and healthful for them, in the place of that which they desired. I saw that every prayer which is sent up in faith from an honest heart will be heard of God and answered, and the one that sent up the petition will have the blessing when he needs it most, and it will often exceed his expectations. Not a prayer of a true saint is lost if sent up in faith from an honest heart. {Testimonies for the Church, volume 1 121.3}

15. ENDURE TRIALS

Beloved, think it not strange concerning the fiery trial which is to try you, as though some strange thing happened unto you: but rejoice, inasmuch as ye are partakers of Christ's sufferings; that, when his glory shall be revealed, ye may be glad also with exceeding joy. 1 Peter 4:12, 13

GOD PERMITS TRIALS

A refining, purifying process is going on among the people of God, and the Lord of hosts has set His hand to this work. This process is most trying to the soul, but it is necessary in order that defilement may be removed. Trials are essential in order that we may be brought close to our heavenly Father, in submission to His will, that we may offer unto the Lord an offering in righteousness. . . . The Lord brings His children over the same ground again and again, increasing the pressure until perfect humility fills the mind, and the character is transformed; then they are victorious over self, and in harmony with Christ and the Spirit of heaven. The purification of God's people cannot be accomplished without suffering. . . .

It is in mercy that the Lord reveals to men their hidden defects. He would have them critically examine the complicated emotions and motives of their own hearts, and detect that which is wrong, and modify their dispositions and refine their manners. God would have His servants become acquainted with their own hearts. In order to bring to them a true knowledge of their condition, He permits the fire of affliction to assail them, so that they may be purified. The trials of life are God's workmen to remove the impurities, infirmities, and roughness from our characters, and fit them for the society of pure, heavenly angels in glory. . . . The fire will not consume us, but only remove the dross, and we shall come forth seven times purified, bearing the impress of the Divine. {My Life Today, page 92}

GOD HAS A PURPOSE IN EVERY TRIAL

One evening a gentleman who was much depressed because of deep affliction was walking in a garden, where he observed a pomegranate tree nearly cut through the stem. Greatly wondering, he asked the gardener why the tree was in this condition, and he received an answer that explained to his satisfaction the wounds of his own bleeding heart. "Sir," said the gardener, "this tree used to shoot out so strong that it bore nothing but leaves. I was obliged to cut it in this manner; and when it was almost cut through, it began to bear fruit."

Our sorrows do not spring out of the ground. In every affliction God has a purpose to work out for our good. Every blow that destroys an idol, every providence that weakens our hold upon earth and fastens our affections more firmly upon God, is a blessing. The pruning may be painful for a time, but afterward it "yieldeth the peaceable fruit of righteousness." We should receive with gratitude whatever will quicken the conscience, elevate the thoughts, and ennoble the life. The fruitless branches are cut off and cast into the fire. Let us be thankful that through painful pruning we may retain a connection with the living Vine; for if we suffer with Christ, we

shall also reign with Him. The very trial that taxes our faith the most severely and makes it seem as though God had forsaken us is to lead us more closely to Him, that we may lay all our burdens at the feet of Christ and experience the peace which He will give us in exchange. . . . God loves and cares for the feeblest of His creatures, and we cannot dishonor Him more than by doubting His love to us. O let us cultivate that living faith that will trust Him in the hour of darkness and trial! {My Life Today, 93}

GOD'S GRACE IS SUFFICIENT FOR ALL TRIALS

In this time of trial we need to be encouraged and comforted by one another. The temptations of Satan are greater now than ever before, for he knows that his time is short and that very soon every case will be decided, either for life or for death. It is no time now to sink down beneath discouragement and trial; we must bear up under all our afflictions and trust wholly in the Almighty God of Jacob. The Lord has shown me that His grace is sufficient for all our trials; and although they are greater than ever before, yet if we trust wholly in God, we can overcome every temptation and through His grace come off victorious. {Early Writings 46.1}

If we overcome our trials and get victory over the temptations of Satan, then we endure the trial of our faith, which is more precious than gold, and are stronger and better prepared to meet the next. But if we sink down and give way to the temptations of Satan, we shall grow weaker and get no reward for the trial and shall not be so well prepared for the next. In this way we shall grow weaker and weaker, until we are led captive by Satan at his will. We must have on the whole armor of God and be ready at any moment for a conflict with the powers of darkness. When temptations and trials rush in upon us, let us go to God and agonize with Him in prayer. He will not turn us away empty, but will give us grace and strength to overcome, and to break the power of the enemy. Oh, that all could see these things in their true light and endure hardness as

good soldiers of Jesus! Then would Israel move forward, strong in God, and in the power of His might. {Early Writings, 46}

GOD HELPS YOU ENDURE TRIALS

The Elder Brother of our race is by the eternal throne. He looks upon every soul who is turning his face toward Him as the Saviour. He knows by experience what are the weaknesses of humanity, what are our wants, and where lies the strength of our temptations. . . . He is watching over you, trembling child of God. Are you tempted? He will deliver. Are you weak? He will strengthen. Are you ignorant? He will enlighten. Are you wounded? He will heal. The Lord "telleteth the number of the stars"; and yet "He healeth the broken in heart, and bindeth up their wounds."

Whatever your anxieties and trials, spread out your case before the Lord. Your spirit will be braced for endurance. The way will be open for you to disentangle yourself from embarrassment and difficulty. The weaker and more helpless you know yourself to be, the stronger will you become in His strength. The heavier your burdens, the more blessed the rest in casting them upon your Burden Bearer.

Circumstances may separate friends; the restless waters of the wide sea may roll between us and them. But no circumstances, no distance, can separate us from the Saviour. Wherever we may be, He is at our right hand, to support, maintain, uphold, and cheer. Greater than the love of a mother for her child is Christ's love for His redeemed. It is our privilege to rest in His love; to say, "I will trust Him; for He gave His life for me." {My Life Today, 297}

Chapter 4

PUT ON THE WHOLE ARMOR OF GOD



Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand. Eph. 6:13. {HP 259.1}

There are many who do not understand the conflict that is going on between Christ and Satan over the souls of men. They do not realize that if they would stand under the blood-stained banner of Prince Emmanuel they must be willing to be partakers of His conflicts and wage a determined war against the powers of darkness. {HP 259.2}

When thinking on the conflict, Paul writes to his Ephesian brethren exhorting them to "be strong," not feeble, not wavering, tossed to and fro like the waves of the sea. But in what are they to be strong? In their own might? No. "Be strong in the Lord, and in the power of his might." He says, "Put on the whole armour of God, that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places . . ." (verses 10-13). {HP 259.3}

The gaining of eternal life will ever involve a struggle, a conflict. We are continually to be found fighting the good fight of faith. We are soldiers of Christ; and those who enlist in His army are expected to do difficult work, work which will tax their energies to the utmost. We must understand that a soldier's life is one of aggressive warfare, of perseverance and endurance.

For Christ's sake we are to endure trials. {HP 259.4}

Victories are not gained by ceremonies or display but by simple obedience to the highest General, the Lord God of heaven. He who trusts in this Leader will never know defeat. Obedience to God is liberty from the thralldom of sin, deliverance from human passion and impulse. Man may stand conqueror of himself, conqueror of his own inclinations, conqueror of principalities and powers, and of the "rulers of the darkness of this world," and of "spiritual wickedness in high places." . . . {HP 259.5}

"Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand." {In Heavenly Places 259.6}

Those who will put on the whole armor of God and devote some time every day to meditation and prayer and to the study of the Scriptures will be connected with heaven and will have a saving, transforming influence upon those around them. Great thoughts, noble aspirations, clear perceptions of truth and duty to God, will be theirs. {5T 112.4}

If we have on the heavenly armor, we shall find that the assaults of the enemy will not have power over us. Angels of God will be round about us to protect us (Review & Herald, May 25, 1905). {Seventh-Day Adventist Bible Commentary, volume 6 1119.4}

Chapter 5

GOD'S PROMISES ARE FOR YOU



ANGER

Cease from anger, and forsake wrath: fret not thyself in any wise to do evil. Psalm 37:8

He that is slow to wrath is of great understanding: but he that is hasty of spirit exalteth folly. Proverbs 14:29

For the wrath of man worketh not the righteousness of God. James 1:20

A soft answer turneth away wrath: but grievous words stir up anger. Proverbs 15:1

Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath. James 1:19

Be not hasty in thy spirit to be angry: for anger resteth in the bosom of fools. Ecclesiastes 7:9

Be ye angry, and sin not: let not the sun go down upon your wrath: Neither give place to the devil. Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice. Ephesians 4:26-27, 31

He that is slow to anger is better than the mighty; and he that ruleth his spirit than he that taketh a city. Proverbs 16:32

But I say unto you, That whosoever is angry with his brother without a cause shall be in danger of the judgment: and whosoever

shall say to his brother, Raca, shall be in danger of the council: but whosoever shall say, Thou fool, shall be in danger of hell fire. Matthew 5:22

Dearly beloved, avenge not yourselves, but rather give place unto wrath: for it is written, Vengeance is mine; I will repay, saith the Lord. Romans 12:19

The Lord is merciful and gracious, slow to anger, and plenteous in mercy. Psalm 103:8

CHILDREN

Lo, children are an heritage of the Lord: and the fruit of the womb is his reward. As arrows are in the hand of a mighty man; so are children of the youth. Happy is the man that hath his quiver full of them: they shall not be ashamed, but they shall speak with the enemies in the gate. Psalm 127:3-5

And all thy children shall be taught of the Lord; and great shall be the peace of thy children. In righteousness shalt thou be established: thou shalt be far from oppression; for thou shalt not fear: and from terror; for it shall not come near thee. Isaiah 54:13-14

And these words, which I command thee this day, shall be in thine heart: And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up. Deuteronomy 6:6-7

Train up a child in the way he should go: and when he is old, he will not depart from it. Proverbs 22:6

And, ye fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord. Ephesians 6:4

Children's children are the crown of old men; and the glory of children are their fathers. Proverbs 17:6

For ye are all the children of God by faith in Christ Jesus. For as many of you as have been baptized into Christ have put on Christ. Galatians 3:26-27

And Jesus called a little child unto him, and set him in the midst of them, And said, Verily I say unto you, Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven. Whosoever therefore shall humble himself as this little child, the same is greatest in the kingdom of heaven. And whoso shall receive one such little child in my name receiveth me. Matthew 18:2-5

For thou hast possessed my reins: thou hast covered me in my mother's womb. I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well. Psalm 139:13-14

Can a woman forget her sucking child, that she should not have compassion on the son of her womb? yea, they may forget, yet will I not forget thee. Behold, I have graven thee upon the palms of my hands; thy walls are continually before me. Isaiah 49:15-16

COMFORT & HOPE

Why art thou cast down, O my soul? and why art thou disquieted within me? hope in God: for I shall yet praise him, who is the health of my countenance, and my God. Psalm 43:5

Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things. Philippians 4:8

These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world. John 16:33

Beloved, think it not strange concerning the fiery trial which is to try you, as though some strange thing happened unto you: But rejoice, inasmuch as ye are partakers of Christ's sufferings; that, when his glory shall be revealed, ye may be glad also with exceeding joy. If ye be reproached for the name of Christ, happy are ye; for the spirit of glory and of God resteth upon you: on their part he is evil spoken of, but on your part he is glorified. 1 Peter 4:12-14

My son, despise not the chastening of the Lord; neither be weary of his correction. Proverbs 3:11

Rejoice in the Lord always: and again I say, Rejoice. Let your moderation be known unto all men. The Lord is at hand. Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. Philippians 4:4-7

They that sow in tears shall reap in joy. He that goeth forth and weepeth, bearing precious seed, shall doubtless come again with rejoicing, bringing his sheaves with him. Psalm 126:5-6

Rejoicing in hope; patient in tribulation; continuing instant in prayer. Romans 12:12

Cast not away therefore your confidence, which hath great recompence of reward. For ye have need of patience, that, after ye have done the will of God, ye might receive the promise. Hebrews 10:35-36

Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered. What shall we then say to these things? If God be for us, who can be against us? Romans 8:26,31

And the LORD, he it is that doth go before thee; he will be with thee, he will not fail thee, neither forsake thee: fear not, neither be dismayed. Deuteronomy 31:8

My brethren, count it all joy when ye fall into divers temptations; Knowing this, that the trying of your faith worketh patience. But let patience have her perfect work, that ye may be perfect and entire, wanting nothing. James 1:2-4

Wherein ye greatly rejoice, though now for a season, if need be, ye are in heaviness through manifold temptations: That the trial of your faith, being much more precious than of gold that perisheth, though it be tried with fire, might be found unto praise and honour and glory at the appearing of Jesus Christ: Whom having not seen, ye love; in whom, though now ye see him not, yet believing, ye rejoice with joy unspeakable and full of glory: Receiving the end of your faith, even the salvation of your souls. 1 Peter 1:6-9

And we know that all things work together for good to them that love God, to them who are the called according to his purpose. Romans 8:28

Blessed is the man that endureth temptation: for when he is tried, he shall receive the crown of life, which the Lord hath promised to them that love him. James 1:12

But the God of all grace, who hath called us unto his eternal glory by Christ Jesus, after that ye have suffered a while, make you perfect, stablish, strengthen, settle you. 1 Peter 5:10

For I reckon that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us. Romans 8:18

Rejoice evermore. Pray without ceasing. In every thing give thanks: for this is the will of God in Christ Jesus concerning you. 1 Thessalonians 5:16-18

There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it. 1 Corinthians 10:13

Cast thy burden upon the Lord, and he shall sustain thee: he shall never suffer the righteous to be moved. Psalms 55:22

And not only so, but we glory in tribulations also: knowing that tribulation worketh patience; And patience, experience; and experience, hope: And hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us. Romans 5:3-5

Blessed be God, even the Father of our Lord Jesus Christ, the Father of mercies, and the God of all comfort; Who comforteth us in all our tribulation, that we may be able to comfort them which are in any trouble, by the comfort wherewith we ourselves are comforted of God. 2 Corinthians 1:3-4

And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong. 2 Corinthians 12:9-10

In the multitude of my thoughts within me thy comforts delight my soul. Psalm 94:19

I have seen his ways, and will heal him: I will lead him also, and restore comforts unto him and to his mourners. Isaiah 57:18

COMPASSION

Finally, be ye all of one mind, having compassion one of another, love as brethren, be pitiful, be courteous: Not rendering evil for evil, or railing for railing: but contrariwise blessing; knowing that ye are thereunto called, that ye should inherit a blessing. For he that will love life, and see good days, let him refrain his tongue from evil, and his lips that they speak no guile: Let him eschew evil, and do good; let him seek peace, and ensue it. 1 Peter 3:8-11

Thus speaketh the Lord of hosts, saying, Execute true judgment, and shew mercy and compassions every man to his brother. Zechariah 7:9

These are the things that ye shall do; Speak ye every man the truth to his neighbour; execute the judgment of truth and peace in your gates: And let none of you imagine evil in your hearts against his neighbour; and love no false oath: for all these are things that I hate, saith the Lord. Zechariah 8:16-17

And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you. Ephesians 4:32

Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering. Colossians 3:12

Bear ye one another's burdens, and so fulfil the law of Christ. Galatians 6:2

But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, Meekness, temperance: against such there is no law. Galatians 5:22-23

But whoso hath this world's good, and seeth his brother have need, and shutteth up his bowels of compassion from him, how dwelleth the love of God in him. 1 John 3:17

Wherefore comfort yourselves together, and edify one another, even as also ye do. And we beseech you, brethren, to know them which labour among you, and are over you in the Lord, and admonish you; And to esteem them very highly in love for their work's sake. And be at peace among yourselves. Now we exhort you, brethren, warn them that are unruly, comfort the feebleminded, support the weak, be patient toward all men. 2 Thessalonians 5:11-14

Rejoice with them that do rejoice, and weep with them that weep. Romans 12:15 Like as a father pitieth his children, so the Lord pitieth them that fear him. Psalm 103:13

Every man shall give as he is able, according to the blessing of the Lord thy God which he hath given thee. Deuteronomy 16:17

Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things. Philippians 4:8

And the servant of the Lord must not strive; but be gentle unto all men, apt to teach, patient, In meekness instructing those that oppose themselves; if God peradventure will give them repentance to the acknowledging of the truth; And that they may recover themselves out of the snare of the devil, who are taken captive by him at his will. 2 Timothy 2:24-26

Pure religion and undefiled before God and the Father is this, To visit the fatherless and widows in their affliction, and to keep himself unspotted from the world. James 1:27

He hath shewed thee, O man, what is good; and what doth the Lord require of thee, but to do justly, and to love mercy, and to walk humbly with thy God? Micah 6:8

So then every one of us shall give account of himself to God. Let us not therefore judge one another any more: but judge this rather, that no man put a stumblingblock or an occasion to fall in his brother's way. Romans 14:12-13

That there should be no schism in the body; but that the members should have the same care one for another. And whether one member suffer, all the members suffer with it; or one member be honoured, all the members rejoice with it. 1 Corinthians 12:25-26

Blessed be God, even the Father of our Lord Jesus Christ, the Father of mercies, and the God of all comfort; Who comforteth us in all our tribulation, that we may be able to comfort them which are in any trouble, by the comfort wherewith we ourselves are comforted of God. For as the sufferings of Christ abound in us, so our consolation also aboundeth by Christ. And whether we be afflicted, it is for your consolation and salvation, which is effectual in the enduring of the same sufferings which we also suffer: or whether we be comforted, it is for your consolation and salvation. 2 Corinthians 1:3-6

It is of the Lord's mercies that we are not consumed, because his compassions fail not. They are new every morning: great is thy faithfulness. Lamentation 3:22-23

Can a woman forget her sucking child, that she should not have compassion on the son of her womb? yea, they may forget, yet will I not forget thee. Behold, I have graven thee upon the palms of my hands; thy walls are continually before me. Isaiah 49:15-16

I will mention the lovingkindnesses of the Lord, and the praises of the Lord, according to all that the Lord hath bestowed on us, and

the great goodness toward the house of Israel, which he hath bestowed on them according to his mercies, and according to the multitude of his lovingkindnesses. Isaiah 63:7

If there be therefore any consolation in Christ, if any comfort of love, if any fellowship of the Spirit, if any bowels and mercies, Fulfil ye my joy, that ye be likeminded, having the same love, being of one accord, of one mind. Let nothing be done through strife or vainglory; but in lowliness of mind let each esteem other better than themselves. Philippians 2:1-3

Then they that feared the Lord spake often one to another: and the Lord hearkened, and heard it, and a book of remembrance was written before him for them that feared the Lord, and that thought upon his name. And they shall be mine, saith the Lord of hosts, in that day when I make up my jewels; and I will spare them, as a man spareth his own son that serveth him. Then shall ye return, and discern between the righteous and the wicked, between him that serveth God and him that serveth him not. Malachi 3:16-18

CONFIDENCE

Rejoice in the Lord always: and again I say, Rejoice. Let your moderation be known unto all men. The Lord is at hand. Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. Philippians 4:4-7

Be strong and of a good courage, fear not, nor be afraid of them: for the Lord thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee. Deuteronomy 31:6

Finally, my brethren, be strong in the Lord, and in the power of his might. Ephesians 6:10

For the Lord shall be thy confidence, and shall keep thy foot from being taken. Proverbs 3:26

So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me. Hebrews 13:6

Cast not away therefore your confidence, which hath great recompence of reward. For ye have need of patience, that, after ye have done the will of God, ye might receive the promise. Hebrews 10:35-36

In the fear of the LORD is strong confidence: and his children shall have a place of refuge. Proverbs 14:26

For thus saith the Lord GOD, the Holy One of Israel; In returning and rest shall ye be saved; in quietness and in confidence shall be your strength: and ye would not. Isaiah 30:15

It is better to trust in the Lord than to put confidence in man. It is better to trust in the Lord than to put confidence in princes. Psalm 118:8-9

And they shall dwell safely therein, and shall build houses, and plant vineyards; yea, they shall dwell with confidence, when I have executed judgments upon all those that despise them round about them; and they shall know that I am the Lord their God. Ezekiel 28:26

According to the eternal purpose which he purposed in Christ Jesus our Lord: In whom we have boldness and access with confidence by the faith of him. Ephesians 3:11-12

And Moses verily was faithful in all his house, as a servant, for a testimony of those things which were to be spoken after; But Christ as a son over his own house; whose house are we, if we hold fast the confidence and the rejoicing of the hope firm unto the end. Hebrews 3:5-6

And now, little children, abide in him; that, when he shall appear, we may have confidence, and not be ashamed before him at his coming. 1 John 2:28

Beloved, if our heart condemn us not, then have we confidence toward God. 1 John 3:21

And this is the confidence that we have in him, that, if we ask any thing according to his will, he heareth us: And if we know that he hear us, whatsoever we ask, we know that we have the petitions that we desired of him. 1 John 5:14-15

COURT CASES

Hear me when I call, O God of my righteousness: thou hast enlarged me when I was in distress; have mercy upon me, and hear my prayer. Psalm 4:1

Lord, thou hast heard the desire of the humble: thou wilt prepare their heart, thou wilt cause thine ear to hear: To judge the fatherless and the oppressed, that the man of the earth may no more oppress. Psalm 10:17-18

Hear the right, O Lord, attend unto my cry, give ear unto my prayer, that goeth not out of feigned lips. Let my sentence come forth from thy presence; let thine eyes behold the things that are equal. Psalm 17:1-2

Judge me, O God, and plead my cause against an ungodly nation: O deliver me from the deceitful and unjust man. For thou art the God of my strength: why dost thou cast me off? why go I mourning because of the oppression of the enemy? Psalm 43:1-2

The Lord executeth righteousness and judgment for all that are oppressed. Psalm 103:6

The meek also shall increase their joy in the Lord, and the poor

among men shall rejoice in the Holy One of Israel. For the terrible one is brought to nought, and the scorner is consumed, and all that watch for iniquity are cut off: That make a man an offender for a word, and lay a snare for him that reproveth in the gate, and turn aside the just for a thing of nought. Isaiah 29:19-21

No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the Lord, and their righteousness is of me, saith the Lord. Isaiah 54:17

O Lord, thou hast pleaded the causes of my soul; thou hast redeemed my life. O Lord, thou hast seen my wrong: judge thou my cause. Lamentations 3:58-59

And when they bring you unto the synagogues, and unto magistrates, and powers, take ye no thought how or what thing ye shall answer, or what ye shall say: For the Holy Ghost shall teach you in the same hour what ye ought to say. Luke 12:11-12

I said in mine heart, God shall judge the righteous and the wicked: for there is a time there for every purpose and for every work. Ecclesiastes 3:17

For we know him that hath said, Vengeance belongeth unto me, I will recompense, saith the Lord. And again, The Lord shall judge his people. Hebrews 10:30

He that saith unto the wicked, Thou art righteous; him shall the people curse, nations shall abhor him: But to them that rebuke him shall be delight, and a good blessing shall come upon them. Proverbs 24:24-25

Dearly beloved, avenge not yourselves, but rather give place unto wrath: for it is written, Vengeance is mine; I will repay, saith the Lord. Romans 12:19

FEAR

Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness. Isaiah 41:10

There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love. 1 John 4:18

The LORD is my light and my salvation; whom shall I fear? the LORD is the strength of my life; of whom shall I be afraid? When the wicked, even mine enemies and my foes, came upon me to eat up my flesh, they stumbled and fell. Though an host should encamp against me, my heart shall not fear: though war should rise against me, in this will I be confident. Psalm 27:1-3

Say to them that are of a fearful heart, Be strong, fear not: behold, your God will come with vengeance, even God with a recompence; he will come and save you. Isaiah 35:4

Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the Lord thy God is with thee whithersoever thou goest. Joshua 1:9

Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof. Matthew 6:34

But now thus saith the Lord that created thee, O Jacob, and he that formed thee, O Israel, Fear not: for I have redeemed thee, I have called thee by thy name; thou art mine. When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee. Isaiah 43:1-2

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. 2 Timothy 1:7

Ye that fear the Lord, trust in the Lord: he is their help and their shield. Psalm 115:11

And David said to Solomon his son, Be strong and of good courage, and do it: fear not, nor be dismayed: for the Lord God, even my God, will be with thee; he will not fail thee, nor forsake thee, until thou hast finished all the work for the service of the house of the Lord. 1 Chronicles 28:20

What time I am afraid, I will trust in thee. In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me. Psalm 56:3-4

Yea, before the day was I am he; and there is none that can deliver out of my hand: I will work, and who shall let it? Isaiah 43:13

Fear not; for thou shalt not be ashamed: neither be thou confounded; for thou shalt not be put to shame: for thou shalt forget the shame of thy youth, and shalt not remember the reproach of thy widowhood any more. Isaiah 54:4

For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father. Romans 8:15

And who is he that will harm you, if ye be followers of that which is good? But and if ye suffer for righteousness' sake, happy are ye: and be not afraid of their terror, neither be troubled. 1 Peter 3:13-14

FINANCES

I have been young, and now am old; yet have I not seen the righteous forsaken, nor his seed begging bread. Psalm 37:25

But my God shall supply all your need according to his riches in glory by Christ Jesus. Philippians 4:19

Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment? Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they? Which of you by taking thought can add one cubit unto his stature? And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin: And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these. Matthew 6:25-29

Wherefore, if God so clothe the grass of the field, which to day is, and to morrow is cast into the oven, shall he not much more clothe you, O ye of little faith? Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed? (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things. But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you. Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof. Matthew 6:30-34

Charge them that are rich in this world, that they be not highminded, nor trust in uncertain riches, but in the living God, who giveth us richly all things to enjoy. 1 Timothy 6:17

And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work: (As it is written, He hath dispersed abroad; he hath given to the poor: his righteousness remaineth for ever. Now he that ministereth seed to the sower both minister bread for your food, and multiply your seed sown, and increase the fruits of your righteousness;) Being enriched in every thing to all bountifulness, which causeth through us thanksgiving to God. 2 Corinthians 9:8-11

Give, and it shall be given unto you; good measure, pressed down, and shaken together, and running over, shall men give into your bosom. For with the same measure that ye mete withal it shall be measured to you again. Luke 6:38

Blessed is the man that trusteth in the Lord, and whose hope the Lord is. For he shall be as a tree planted by the waters, and that spreadeth out her roots by the river, and shall not see when heat cometh, but her leaf shall be green; and shall not be careful in the year of drought, neither shall cease from yielding fruit. Jeremiah 17:7-8

The blessing of the Lord, it maketh rich, and he addeth no sorrow with it. Proverbs 10:22

But thou shalt remember the Lord thy God: for it is he that giveth thee power to get wealth, that he may establish his covenant which he sware unto thy fathers, as it is this day. Deuteronomy 8:18

And the Lord shall make thee plenteous in goods, in the fruit of thy body, and in the fruit of thy cattle, and in the fruit of thy ground, in the land which the Lord sware unto thy fathers to give thee. The Lord shall open unto thee his good treasure, the heaven to give the rain unto thy land in his season, and to bless all the work of thine hand: and thou shalt lend unto many nations, and thou shalt not borrow. And the Lord shall make thee the head, and not the tail; and thou shalt be above only, and thou shalt not be beneath; if that thou hearken unto the commandments of the Lord thy God, which

I command thee this day, to observe and to do them. Deuteronomy 28:11-13

Honour the Lord with thy substance, and with the firstfruits of all thine increase: So shall thy barns be filled with plenty, and thy presses shall burst out with new wine. Proverbs 3:9-10

I have shewed you all things, how that so labouring ye ought to support the weak, and to remember the words of the Lord Jesus, how he said, It is more blessed to give than to receive. Acts 20:35

Bring ye all the tithes into the storehouse, that there may be meat in mine house, and prove me now herewith, saith the Lord of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it. Malachi 3:10

For the Lord thy God blesseth thee, as he promised thee: and thou shalt lend unto many nations, but thou shalt not borrow; and thou shalt reign over many nations, but they shall not reign over thee. Deuteronomy 15:6

He that is faithful in that which is least is faithful also in much: and he that is unjust in the least is unjust also in much. If therefore ye have not been faithful in the unrighteous mammon, who will commit to your trust the true riches. Luke 16:10-11

FORGIVENESS

If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. 1 John 1:9

And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you. Ephesians 4:32

And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you. But if ye forgive not men their trespasses, neither will your Father forgive your trespasses. Matthew 6:14-15

Forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye. Colossians 3:13

Judge not, and ye shall not be judged: condemn not, and ye shall not be condemned: forgive, and ye shall be forgiven. Luke 6:37

Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times? Jesus saith unto him, I say not unto thee, Until seven times: but, Until seventy times seven. Matthew 18:21-22

For thou, Lord, art good, and ready to forgive; and plenteous in mercy unto all them that call upon thee. Psalm 86:5

And when ye stand praying, forgive, if ye have ought against any: that your Father also which is in heaven may forgive you your trespasses. Mark 11:25

Blessed is he whose transgression is forgiven, whose sin is covered. Psalm 32:1

For I will be merciful to their unrighteousness, and their sins and their iniquities will I remember no more. Hebrews 8:12

Hatred stirreth up strifes: but love covereth all sins. Proverbs 10:12

As far as the east is from the west, so far hath he removed our transgressions from us. Psalm 103:12

To the Lord our God belong mercies and forgivenesses, though we have rebelled against him. Daniel 9:9

I, even I, am he that blotteth out thy transgressions for mine own sake, and will not remember thy sins. Isaiah 43:25

If thou, Lord, shouldest mark iniquities, O Lord, who shall stand? But there is forgiveness with thee, that thou mayest be feared. Psalm 130:3-4

In whom we have redemption through his blood, the forgiveness of sins, according to the riches of his grace; Wherein he hath abounded toward us in all wisdom and prudence. Ephesians 1:7-8

Who is a God like unto thee, that pardoneth iniquity, and passeth by the transgression of the remnant of his heritage? he retaineth not his anger for ever, because he delighteth in mercy. He will turn again, he will have compassion upon us; he will subdue our iniquities; and thou wilt cast all their sins into the depths of the sea. Micah 7:18-19

Let the wicked forsake his way, and the unrighteous man his thoughts: and let him return unto the Lord, and he will have mercy upon him; and to our God, for he will abundantly pardon. Isaiah 55:7

And they shall teach no more every man his neighbour, and every man his brother, saying, Know the Lord: for they shall all know me, from the least of them unto the greatest of them, saith the Lord: for I will forgive their iniquity, and I will remember their sin no more. Jeremiah 31:34

He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them shall have mercy. Proverbs 28:13

Come now, and let us reason together, saith the Lord: though your sins be as scarlet, they shall be as white as snow; though they be red like crimson, they shall be as wool. Isaiah 1:18

Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new. 2 Corinthians 5:17

Pardon, I beseech thee, the iniquity of this people according unto the greatness of thy mercy, and as thou hast forgiven this people, from Egypt even until now. And the Lord said, I have pardoned according to thy word: But as truly as I live, all the earth shall be filled with the glory of the Lord. Numbers 14:19-21

GOD'S GUIDANCE

The steps of a good man are ordered by the Lord: and he delighteth in his way. Though he fall, he shall not be utterly cast down: for the Lord upholdeth him with his hand. Psalm 37:23-24

And the Lord shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not. Isaiah 58:11

And the Lord shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not. John 16:13

Where no counsel is, the people fall: but in the multitude of counsellors there is safety. Proverbs 11:14

And thine ears shall hear a word behind thee, saying, This is the way, walk ye in it, when ye turn to the right hand, and when ye turn to the left. Isaiah 30:21

Shew me thy ways, O Lord; teach me thy paths. Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day. Psalm 25:4-5

If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him. James 1:5

But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you. John 14:26

Thus saith the Lord, thy Redeemer, the Holy One of Israel; I am the Lord thy God which teacheth thee to profit, which leadeth thee by the way that thou shouldest go. Isaiah 48:17

Cause me to hear thy lovingkindness in the morning; for in thee do I trust: cause me to know the way wherein I should walk; for I lift up my soul unto thee. Psalm 143:8

Seek the Lord and his strength, seek his face continually. 1 Chronicles 16:11

O Lord, I know that the way of man is not in himself: it is not in man that walketh to direct his steps. Jeremiah 10:23

To him the porter openeth; and the sheep hear his voice: and he calleth his own sheep by name, and leadeth them out. And when he putteth forth his own sheep, he goeth before them, and the sheep follow him: for they know his voice. And a stranger will they not follow, but will flee from him: for they know not the voice of strangers. John 10:3-5

Call unto me, and I will answer thee, and show thee great and mighty things, which thou knowest not. Jeremiah 33:3

I will instruct thee and teach thee in the way which thou shalt go: I will guide thee with mine eye. Psalm 32:8

Teach me to do thy will; for thou art my God: thy spirit is good; lead me into the land of uprightness. Psalm 143:10

Nevertheless I am continually with thee: thou hast holden me by my right hand. Psalm 73:23

Lead me, O Lord, in thy righteousness because of mine enemies; make thy way straight before my face. Psalm 5:8

Thy word is a lamp unto my feet, and a light unto my path. Psalm 119:105

GOD'S LOVE

Though I speak with the tongues of men and of angels, and have not charity, I am become as sounding brass, or a tinkling cymbal. And though I have the gift of prophecy, and understand all mysteries, and all knowledge; and though I have all faith, so that I could remove mountains, and have not charity, I am nothing. 1 Corinthians 13:1-2

Charity suffereth long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up, Doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil; Rejoiceth not in iniquity, but rejoiceth in the truth; Beareth all things, believeth all things, hopeth all things, endureth all things. Charity never faileth: but whether there be prophecies, they shall fail; whether there be tongues, they shall cease; whether there be knowledge, it shall vanish away. 1 Corinthians 13:4-8

And now abideth faith, hope, charity, these three; but the greatest of these is charity. 1 Corinthians 13:13

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. 1 Timothy 1:7

For the Father himself loveth you, because ye have loved me, and have believed that I came out from God. John 16:27

Keep yourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life. Jude 1:21

How excellent is thy lovingkindness, O God! therefore the children of men put their trust under the shadow of thy wings. Psalm 36:7

In this was manifested the love of God toward us, because that God sent his only begotten Son into the world, that we might live through him. Herein is love, not that we loved God, but that he loved us, and sent his Son to be the propitiation for our sins. 1 John 4:9-10

The Lord thy God in the midst of thee is mighty; he will save, he will rejoice over thee with joy; he will rest in his love, he will joy over thee with singing. Zephaniah 3:17

Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God: therefore the world knoweth us not, because it knew him not. 1 John 3:1

Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God. 1 John 4:7

GOD'S PEACE

Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid. John 14:27

Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee. Isaiah 26:3

Now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, through the power of the Holy Ghost. Romans 15:13

Finally, brethren, farewell. Be perfect, be of good comfort, be of one mind, live in peace; and the God of love and peace shall be with you. 2 Corinthians 13:11

Let him eschew evil, and do good; let him seek peace, and ensue it. 1 Peter 3:11

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. Philippians 4:6-7

Now the Lord of peace himself give you peace always by all means. The Lord be with you all. 2 Thessalonians 3:16

And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful. Colossians 3:15

Therefore being justified by faith, we have peace with God through our Lord Jesus Christ. Romans 5:1

Blessed are the peacemakers: for they shall be called the children of God. Matthew 5:9

The Lord will give strength unto his people; the Lord will bless his people with peace. Psalm 29:11

Follow peace with all men, and holiness, without which no man shall see the Lord. Hebrews 12:14

And the fruit of righteousness is sown in peace of them that make peace. James 3:18

When a man's ways please the Lord, he maketh even his enemies to be at peace with him. Proverbs 16:7

If it be possible, as much as lieth in you, live peaceably with all men. Romans 12:18

Mark the perfect man, and behold the upright: for the end of that man is peace. Psalm 37:37

Great peace have they which love thy law: and nothing shall offend them. Psalm 119:165

Endeavouring to keep the unity of the Spirit in the bond of peace. Ephesians 4:3

For unto us a child is born, unto us a son is given: and the government shall be upon his shoulder: and his name shall be called Wonderful, Counsellor, The mighty God, The everlasting Father, The Prince of Peace. Isaiah 9:6

Lord, thou wilt ordain peace for us: for thou also hast wrought all our works in us. Isaiah 26:12

For the mountains shall depart, and the hills be removed; but my kindness shall not depart from thee, neither shall the covenant of my peace be removed, saith the Lord that hath mercy on thee. Isaiah 54:10

For ye shall go out with joy, and be led forth with peace: the mountains and the hills shall break forth before you into singing, and all the trees of the field shall clap their hands. Isaiah 55:12

Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light. Matthew 11:28-30

For the kingdom of God is not meat and drink; but righteousness, and peace, and joy in the Holy Ghost. For he that in these things serveth Christ is acceptable to God, and approved of men. Let us therefore follow after the things which make for peace, and things wherewith one may edify another. Romans 14:17-19

The Lord bless thee, and keep thee: The Lord make his face shine upon thee, and be gracious unto thee: The Lord lift up his countenance upon thee, and give thee peace. Numbers 6:24-26

Mercy unto you, and peace, and love, be multiplied. Jude 1:2

How beautiful upon the mountains are the feet of him that bringeth good tidings, that publisheth peace; that bringeth good tidings of good, that publisheth salvation; that saith unto Zion, Thy God reigneth Isaiah 52:7

In his days shall the righteous flourish; and abundance of peace so long as the moon endureth. Psalm 72:7

But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith. Galatians 5:22

And seek the peace of the city whither I have caused you to be carried away captives, and pray unto the Lord for it: for in the peace thereof shall ye have peace. Jeremiah 29:7

Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth. Psalm 46:10

Peace be within thy walls, and prosperity within thy palaces. Psalm 122:7

GOD'S PRESENCE

Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the Lord thy God is with thee whithersoever thou goest. Joshua 1:9

Whither shall I go from thy spirit? or whither shall I flee from thy presence? If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there. If I take the wings of the morning, and dwell in the uttermost parts of the sea; Even there shall thy hand lead me, and thy right hand shall hold me. Psalm 139:7-10

Let us come before his presence with thanksgiving, and make a joyful noise unto him with psalms. Psalm 95:2

One thing have I desired of the Lord, that will I seek after; that I may dwell in the house of the Lord all the days of my life, to behold the beauty of the Lord, and to enquire in his temple. Psalm 27:4

Thou wilt shew me the path of life: in thy presence is fulness of joy; at thy right hand there are pleasures for evermore. Psalm 16:11

But it is good for me to draw near to God: I have put my trust in the Lord God, that I may declare all thy works. Psalm 73:28

And he said, My presence shall go with thee, and I will give thee rest. Exodus 33:14

But the Lord is in his holy temple: let all the earth keep silence before him. Habakkuk 2:20

Humble yourselves in the sight of the Lord, and he shall lift you up. James 4:10

And ye shall seek me, and find me, when ye shall search for me with all your heart. Jeremiah 29:13

And, behold, I am with thee, and will keep thee in all places whither thou goest, and will bring thee again into this land; for I will not leave thee, until I have done that which I have spoken to thee of. Genesis 28:15

Am I a God at hand, saith the Lord, and not a God afar off? Can any hide himself in secret places that I shall not see him? saith the Lord. Do not I fill heaven and earth? saith the Lord. Jeremiah 23:23-24

Serve the Lord with gladness: come before his presence with singing. Psalm 100:2

Jesus Christ the same yesterday, and to day, and for ever. Hebrews 13:8

GOD'S PROTECTION

No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the Lord, and their righteousness is of me, saith the Lord. Isaiah 54:17

Thou shalt increase my greatness, and comfort me on every side. Psalm 71:21

He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty. Psalm 91:1

But the Lord said unto me, Say not, I am a child: for thou shalt go to all that I shall send thee, and whatsoever I command thee thou shalt speak. Be not afraid of their faces: for I am with thee to deliver thee, saith the Lord. Jeremiah 1:7-8

I will both lay me down in peace, and sleep: for thou, Lord, only makest me dwell in safety. Psalm 4:8

The Lord is my shepherd; I shall not want. He maketh me to lie down in green pastures: he leadeth me beside the still waters. He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me. Thou preparest a table before me in the

presence of mine enemies: thou anointest my head with oil; my cup runneth over. Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever. Psalm 23

Then said Jesus to them again, Peace be unto you: as my Father hath sent me, even so send I you. John 20:21

Grace to you, and peace, from God our Father and the Lord Jesus Christ. Philemon 1:3

But the Lord is faithful, who shall stablish you, and keep you from evil. 2 Thessalonians 3:3

Be strong and of a good courage, fear not, nor be afraid of them: for the Lord thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee. Deuteronomy 31:6

The name of the Lord is a strong tower: the righteous runneth into it, and is safe. Proverbs 18:10

Though I walk in the midst of trouble, thou wilt revive me: thou shalt stretch forth thine hand against the wrath of mine enemies, and thy right hand shall save me. Psalm 138:7

The God of my rock; in him will I trust: he is my shield, and the horn of my salvation, my high tower, and my refuge, my saviour; thou savest me from violence. I will call on the Lord, who is worthy to be praised: so shall I be saved from mine enemies. 2 Samuel 22:3-4

The Lord shall preserve thee from all evil: he shall preserve thy soul. The Lord shall preserve thy going out and thy coming in from this time forth, and even for evermore. Psalm 121:7-8

The Lord shall fight for you, and ye shall hold your peace. Exodus 14:14

What shall we then say to these things? If God be for us, who can be against us? Romans 8:31

And the Lord shall deliver me from every evil work, and will preserve me unto his heavenly kingdom: to whom be glory for ever and ever. Amen. 2 Timothy 4:18

So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me. Hebrews 13:6

And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand. My Father, which gave them me, is greater than all; and no man is able to pluck them out of my Father's hand. John 10:28-29

And even to your old age I am he; and even to hoar hairs will I carry you: I have made, and I will bear; even I will carry, and will deliver you. Isaiah 46:4

There shall not any man be able to stand before thee all the days of thy life: as I was with Moses, so I will be with thee: I will not fail thee, nor forsake thee. Joshua 1:5

Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you. Luke 10:19

For he shall give his angels charge over thee, to keep thee in all thy ways. They shall bear thee up in their hands, lest thou dash thy foot against a stone. Psalm 91:11-12

For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand. Stand

therefore, having your loins girt about with truth, and having on the breastplate of righteousness; And your feet shod with the preparation of the gospel of peace; Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. And take the helmet of salvation, and the sword of the Spirit, which is the word of God: Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints. Ephesians 6:12-18

How excellent is thy lovingkindness, O God! therefore the children of men put their trust under the shadow of thy wings. Psalm 36:7

GOD'S PURPOSE FOR YOUR LIFE

Remember ye not the former things, neither consider the things of old. Behold, I will do a new thing; now it shall spring forth; shall ye not know it? I will even make a way in the wilderness, and rivers in the desert. The beast of the field shall honour me, the dragons and the owls: because I give waters in the wilderness, and rivers in the desert, to give drink to my people, my chosen. This people have I formed for myself; they shall shew forth my praise. Isaiah 43:18-21

For I know the thoughts that I think toward you, saith the Lord, thoughts of peace, and not of evil, to give you an expected end. Then shall ye call upon me, and ye shall go and pray unto me, and I will hearken unto you. And ye shall seek me, and find me, when ye shall search for me with all your heart. Jeremiah 29:11-13

And I will restore to you the years that the locust hath eaten, the cankerworm, and the caterpillar, and the palmerworm, my great army which I sent among you. Joel 2:25

I had fainted, unless I had believed to see the goodness of the Lord in the land of the living. Psalm 27:13

The Lord will perfect that which concerneth me: thy mercy, O Lord, endureth for ever: forsake not the works of thine own hands. Psalm 138:8

A man's heart deviseth his way: but the Lord directeth his steps.
Proverbs 16:9

Before I formed thee in the belly I knew thee; and before thou camest forth out of the womb I sanctified thee, and I ordained thee a prophet unto the nations. Jeremiah 1:5

For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them. Ephesians 2:10

I will instruct thee and teach thee in the way which thou shalt go: I will guide thee with mine eye. Psalm 32:8

But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you. Matthew 6:33

But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should shew forth the praises of him who hath called you out of darkness into his marvellous light. 1 Peter 2:9

And I heard a great voice out of heaven saying, Behold, the tabernacle of God is with men, and he will dwell with them, and they shall be his people, and God himself shall be with them, and be their God. Revelation 21:3

Paul, a servant of God, and an apostle of Jesus Christ, according to the faith of God's elect, and the acknowledging of the truth which is after godliness; In hope of eternal life, which God, that cannot lie, promised before the world began. Titus 1:1-2

Beloved, now are we the sons of God, and it doth not yet appear what we shall be: but we know that, when he shall appear, we shall be like him; for we shall see him as he is. And every man that hath this hope in him purifieth himself, even as he is pure. 1 John 3:2-3

The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly. John 10:10

I had fainted, unless I had believed to see the goodness of the Lord in the land of the living. Psalm 27:13

And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth. Genesis 1:28

Let not your heart be troubled: ye believe in God, believe also in me. In my Father's house are many mansions: if it were not so, I would have told you. I go to prepare a place for you. And if I go and prepare a place for you, I will come again, and receive you unto myself; that where I am, there ye may be also. John 14:1-3

Even every one that is called by my name: for I have created him for my glory, I have formed him; yea, I have made him. Isaiah 43:7

GOD'S SALVATION

The Lord is my light and my salvation; whom shall I fear? the Lord is the strength of my life; of whom shall I be afraid? When the wicked, even mine enemies and my foes, came upon me to eat up my flesh, they stumbled and fell. Psalm 27:1-2

Many are the afflictions of the righteous: but the Lord delivereth him out of them all. Psalm 34:19

And Moses said unto the people, Fear ye not, stand still, and see the salvation of the Lord, which he will shew to you to day: for the Egyptians whom ye have seen to day, ye shall see them again no more for ever. When my father and my mother forsake me, then the Lord will take me up. Exodus 14:13-14

Behold, God is my salvation; I will trust, and not be afraid: for the Lord Jehovah is my strength and my song; he also is become my salvation. Therefore with joy shall ye draw water out of the wells of salvation. Isaiah 12:2-3

Be it known unto you all, and to all the people of Israel, that by the name of Jesus Christ of Nazareth, whom ye crucified, whom God raised from the dead, even by him doth this man stand here before you whole. This is the stone which was set at nought of you builders, which is become the head of the corner. Neither is there salvation in any other: for there is none other name under heaven given among men, whereby we must be saved. Acts 4:10-12

Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me. John 14:6

And brought them out, and said, Sirs, what must I do to be saved? And they said, Believe on the Lord Jesus Christ, and thou shalt be saved, and thy house. And they spake unto him the word of the Lord, and to all that were in his house. And he took them the same hour of the night, and washed their stripes; and was baptized, he and all his, straightway. Acts 16:30-33

For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life. For God sent not his Son into the world to condemn the world; but that the world through him might be saved. He that believeth on him is not condemned: but he that believeth not is condemned already, because he hath not believed in the name of the only begotten Son of God. John 3:16-18

Truly my soul waiteth upon God: from him cometh my salvation. Psalm 62:1

But I will sacrifice unto thee with the voice of thanksgiving; I will pay that that I have vowed. Salvation is of the Lord. Jonah 2:9

Verily, verily, I say unto you, He that heareth my word, and believeth on him that sent me, hath everlasting life, and shall not come into condemnation; but is passed from death unto life. John 5:24

His glory is great in thy salvation: honour and majesty hast thou laid upon him. Psalm 21:5

Who hath saved us, and called us with an holy calling, not according to our works, but according to his own purpose and grace, which was given us in Christ Jesus before the world began. 2 Timothy 1:9

For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation. Romans 10:10

For the Son of man is come to seek and to save that which was lost. Luke 19:10

Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in thereat: Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it. Matthew 7:13-14

So Christ was once offered to bear the sins of many; and unto them that look for him shall he appear the second time without sin unto salvation. Hebrews 9:28

Whom having not seen, ye love; in whom, though now ye see him not, yet believing, ye rejoice with joy unspeakable and full of glory: Receiving the end of your faith, even the salvation of your souls. 1 Peter 1:8-9

For so hath the Lord commanded us, saying, I have set thee to be a light of the Gentiles, that thou shouldest be for salvation unto the ends of the earth. Acts 13:47

In God is my salvation and my glory: the rock of my strength, and my refuge, is in God. Psalm 62:7

I am the door: by me if any man enter in, he shall be saved, and shall go in and out, and find pasture. John 10:9

For the preaching of the cross is to them that perish foolishness; but unto us which are saved it is the power of God. 1 Corinthians 1:18

But he that shall endure unto the end, the same shall be saved. Matthew 24:13

How beautiful upon the mountains are the feet of him that bringeth good tidings, that publisheth peace; that bringeth good tidings of good, that publisheth salvation; that saith unto Zion, Thy God reigneth! Isaiah 52:7

Turn us again, O Lord God of hosts, cause thy face to shine; and we shall be saved. Psalm 80:19

Therefore I will look unto the Lord; I will wait for the God of my salvation: my God will hear me. Micah 7:7

Help us, O God of our salvation, for the glory of thy name: and deliver us, and purge away our sins, for thy name's sake. Psalm 79:9

Even as the Son of man came not to be ministered unto, but to minister, and to give his life a ransom for many. Matthew 20:28

The Lord is my strength and song, and is become my salvation. Psalm 118:14

Thou hast also given me the shield of thy salvation: and thy right hand hath holden me up, and thy gentleness hath made me great. Thou hast enlarged my steps under me, that my feet did not slip. Psalm 18:35-36

HEALTH

Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth. 3 John 1:2

A merry heart doeth good like a medicine: but a broken spirit drieth the bones. Proverbs 17:22

For I will restore health unto thee, and I will heal thee of thy wounds, saith the Lord; because they called thee an Outcast, saying, This is Zion, whom no man seeketh after. Jeremiah 30:17

But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed. Isaiah 53:5

Behold, I will bring it health and cure, and I will cure them, and will reveal unto them the abundance of peace and truth. Jeremiah 33:6

Wherefore it shall come to pass, if ye hearken to these judgments, and keep, and do them, that the Lord thy God shall keep unto thee the covenant and the mercy which he sware unto thy fathers: And he will love thee, and bless thee, and multiply thee: he will also bless the fruit of thy womb, and the fruit of thy land, thy corn, and thy wine, and thine oil, the increase of thy kine, and the flocks of thy sheep, in the land which he sware unto thy fathers to give thee. Thou shalt be blessed above all people: there shall not be male or female barren among you, or among your cattle. And the Lord will take away from thee all sickness, and will put none of the evil diseases of Egypt, which thou knowest, upon thee; but will lay them upon all them that hate thee. Deuteronomy 7:12-15

Pleasant words are as an honeycomb, sweet to the soul, and health to the bones. Proverbs 16:24

And said, If thou wilt diligently hearken to the voice of the Lord thy

God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the Lord that healeth thee. Exodus 15:26

What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's. 1 Corinthians 6:19-20

Heal me, O Lord, and I shall be healed; save me, and I shall be saved: for thou art my praise. Jeremiah 17:14

And ye shall serve the Lord your God, and he shall bless thy bread, and thy water; and I will take sickness away from the midst of thee. Exodus 23:25

Is any sick among you? let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord: And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him. James 5:14-15

He healeth the broken in heart, and bindeth up their wounds. Psalm 147:3

Bless the Lord, O my soul, and forget not all his benefits: Who forgiveth all thine iniquities; who healeth all thy diseases. Psalm 103:2-3

Heaviness in the heart of man maketh it stoop: but a good word maketh it glad. Proverbs 12:25

I have seen his ways, and will heal him: I will lead him also, and restore comforts unto him and to his MOURNERS. Isaiah 57:18

O Lord my God, I cried unto thee, and thou hast healed me. Psalm 30:2

With long life will I satisfy him, and shew him my salvation. Psalm 91:16

But unto you that fear my name shall the Sun of righteousness arise with healing in his wings; and ye shall go forth, and grow up as calves of the stall. Malachi 4:2

Is there no balm in Gilead; is there no physician there? why then is not the health of the daughter of my people recovered? Jeremiah 8:22

HELP

This poor man cried, and the Lord heard him, and saved him out of all his troubles. Psalm 34:6

Casting all your care upon him; for he careth for you. 1 Peter 5:7

And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong. 1 Corinthians 12:9-10

God is our refuge and strength, a very present help in trouble. Psalm 46:1

So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me. Hebrews 13:6

I will lift up mine eyes unto the hills, from whence cometh my help. My help cometh from the Lord, which made heaven and earth. Psalm 121:1-2

Our help is in the name of the Lord, who made heaven and earth.
Psalm 124:8

Help us, O God of our salvation, for the glory of thy name: and deliver us, and purge away our sins, for thy name's sake. Psalm 79:9

For I the Lord thy God will hold thy right hand, saying unto thee, Fear not; I will help thee. Isaiah 41:13

Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need. Hebrews 4:16

Behold, God is mine helper: the Lord is with them that uphold my soul. Psalm 54:4

Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness. Isaiah 41:10

In my distress I called upon the Lord, and cried unto my God: he heard my voice out of his temple, and my cry came before him, even into his ears. Psalm 18:6

And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever. John 14:16

Hear my prayer, O Lord, and give ear unto my cry; hold not thy peace at my tears: for I am a stranger with thee, and a sojourner, as all my fathers were. Psalm 39:12

Why art thou cast down, O my soul? and why art thou disquieted within me? hope thou in God: for I shall yet praise him, who is the health of my countenance, and my God. Psalm 42:11

Having therefore obtained help of God, I continue unto this day, witnessing both to small and great, saying none other things than those which the prophets and Moses did say should come: That

Christ should suffer, and that he should be the first that should rise from the dead, and should shew light unto the people, and to the Gentiles. Acts 26:22-23

And the Lord God said, It is not good that the man should be alone; I will make him an help meet for him. Genesis 2:18

But whoso hath this world's good, and seeth his brother have need, and shutteth up his bowels of compassion from him, how dwelleth the love of God in him? 1 John 3:17

Let every one of us please his neighbour for his good to edification. Romans 15:2

A friend loveth at all times, and a brother is born for adversity. Proverbs 17:17

Withhold not good from them to whom it is due, when it is in the power of thine hand to do it. Proverbs 3:27

Out of the depths have I cried unto thee, O Lord. Lord, hear my voice: let thine ears be attentive to the voice of my supplications. Psalm 130:1-2

Learn to do well; seek judgment, relieve the oppressed, judge the fatherless, plead for the widow. Isaiah 1:17

And therefore will the Lord wait, that he may be gracious unto you, and therefore will he be exalted, that he may have mercy upon you: for the Lord is a God of judgment: blessed are all they that wait for him. Isaiah 30:18

Even by the God of thy father, who shall help thee; and by the Almighty, who shall bless thee with blessings of heaven above, blessings of the deep that lieth under, blessings of the breasts, and of the womb. Genesis 49:25

Bear ye one another's burdens, and so fulfil the law of Christ.
Galatians 6:2

Give to him that asketh thee, and from him that would borrow of thee turn not thou away. Matthew 5:42

Look not every man on his own things, but every man also on the things of others. Philippians 2:4

Thou shalt surely give him, and thine heart shall not be grieved when thou givest unto him: because that for this thing the Lord thy God shall bless thee in all thy works, and in all that thou puttest thine hand unto. For the poor shall never cease out of the land: therefore I command thee, saying, Thou shalt open thine hand wide unto thy brother, to thy poor, and to thy needy, in thy land. Deuteronomy 15:10-11

HUSBANDS

Husbands, love your wives, even as Christ also loved the church, and gave himself for it; That he might sanctify and cleanse it with the washing of water by the word, That he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish. So ought men to love their wives as their own bodies. He that loveth his wife loveth himself. Ephesians 5:25-28

Husbands, love your wives, and be not bitter against them. Colossians 3:19

That the aged men be sober, grave, temperate, sound in faith, in charity, in patience. Titus 2:2

Let thy fountain be blessed: and rejoice with the wife of thy youth. Let her be as the loving hind and pleasant roe; let her breasts satisfy thee at all times; and be thou ravished always with her love. Proverbs 5:18-19

Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life; that your prayers be not hindered. 1 Peter 3:7

But if any provide not for his own, and specially for those of his own house, he hath denied the faith, and is worse than an infidel. 1 Timothy 5:8

Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh. Genesis 2:24

Live joyfully with the wife whom thou lovest all the days of the life of thy vanity, which he hath given thee under the sun, all the days of thy vanity: for that is thy portion in this life, and in thy labour which thou takest under the sun. Ecclesiastes 9:9

LONELINESS

Can a woman forget her sucking child, that she should not have compassion on the son of her womb? yea, they may forget, yet will I not forget thee. Isaiah 49:15

A father of the fatherless, and a judge of the widows, is God in his holy habitation. God setteth the solitary in families: he bringeth out those which are bound with chains: but the rebellious dwell in a dry land. Psalm 68:5-6

When my father and my mother forsake me, then the Lord will take me up. Psalm 27:10

When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee. Isaiah 43:2

I will not leave you comfortless: I will come to you. John 14:18

Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me. Psalm 23:4

For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord. Romans 8:38-39

Come unto me, all ye that labour and are heavy laden, and I will give you rest. Matthew 11:28

Casting all your care upon him; for he careth for you. 1 Peter 5:7

Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee. Hebrews 13:5

There shall not any man be able to stand before thee all the days of thy life: as I was with Moses, so I will be with thee: I will not fail thee, nor forsake thee. Joshua 1:5

He healeth the broken in heart, and bindeth up their wounds. Psalm 147:3

For the Lord will not forsake his people for his great name's sake: because it hath pleased the Lord to make you his people. 1 Samuel 12:22

Hast thou not known? hast thou not heard, that the everlasting God, the Lord, the Creator of the ends of the earth, fainteth not, neither is weary? there is no searching of his understanding. He giveth power to the faint; and to them that have no might he increaseth strength. Even the youths shall faint and be weary, and the young men shall utterly fall: But they that wait upon the Lord

shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint. Isaiah 40:28-31

And the Lord, he it is that doth go before thee; he will be with thee, he will not fail thee, neither forsake thee: fear not, neither be dismayed. Deuteronomy 31:8

MARRIAGE

And unto the married I command, yet not I, but the Lord, Let not the wife depart from her husband: But and if she depart, let her remain unmarried or be reconciled to her husband: and let not the husband put away his wife. 1 Corinthians 7: 10-11

Except the Lord build the house, they labour in vain that build it: except the Lord keep the city, the watchman waketh but in vain. Psalm 127:1

For we are members of his body, of his flesh, and of his bones. For this cause shall a man leave his father and mother, and shall be joined unto his wife, and they two shall be one flesh. This is a great mystery: but I speak concerning Christ and the church. Nevertheless let every one of you in particular so love his wife even as himself; and the wife see that she reverence her husband. Ephesians 5:30-33

What therefore God hath joined together, let not man put asunder. Mark 10:9

And the Lord God said, It is not good that the man should be alone; I will make him an help meet for him. And out of the ground the flood brought them unto Adam to see what he would call them: and whatsoever Adam called every living creature, that was the name thereof. And Adam gave names to all cattle, and to the fowl of the air, and to every beast of the field; but for Adam there was not found an help meet for him. And the Lord God caused a deep

sleep to fall upon Adam, and he slept: and he took one of his ribs, and closed up the flesh instead thereof; And the rib, which the Lord God had taken from man, made he a woman, and brought her unto the man. And Adam said, This is now bone of my bones, and flesh of my flesh: she shall be called Woman, because she was taken out of Man. Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh. And they were both naked, the man and his wife, and were not ashamed. Genesis 2:18-25

Marriage is honourable in all, and the bed undefiled: but whoremongers and adulterers God will judge. Hebrews 13:4

Nevertheless, to avoid fornication, let every man have his own wife, and let every woman have her own husband. 1 Corinthians 7:2

For the man is not of the woman: but the woman of the man. Neither was the man created for the woman; but the woman for the man. For this cause ought the woman to have power on her head because of the angels. Nevertheless neither is the man without the woman, neither the woman without the man, in the Lord. For as the woman is of the man, even so is the man also by the woman; but all things of God. 1 Corinthians 11:8-12

But I would have you know, that the head of every man is Christ; and the head of the woman is the man; and the head of Christ is God. 1 Corinthians 11:3

PATIENCE

Rejoicing in hope; patient in tribulation; continuing instant in prayer, Romans 12:12

Wait on the Lord: be of good courage, and he shall strengthen thine heart: wait, I say, on the Lord. Psalm 27:14

By whom also we have access by faith into this grace wherein we

stand, and rejoice in hope of the glory of God. And not only so, but we glory in tribulations also: knowing that tribulation worketh patience; And patience, experience; and experience, hope. Romans 5:2-4

Rest in the Lord, and wait patiently for him: fret not thyself because of him who prospereth in his way, because of the man who bringeth wicked devices to pass. Cease from anger, and forsake wrath: fret not thyself in any wise to do evil. For evildoers shall be cut off: but those that wait upon the Lord, they shall inherit the earth. Psalm 37:7-9

But if we hope for that we see not, then do we with patience wait for it. Romans 8:25

But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint. Isaiah 40:31

And let us not be weary in well doing: for in due season we shall reap, if we faint not. Galatians 6:9

Better is the end of a thing than the beginning thereof: and the patient in spirit is better than the proud in spirit. Ecclesiastes 7:8

He that is slow to wrath is of great understanding: but he that is hasty of spirit exalteth folly. Proverbs 14:29

Be ye also patient; stablish your hearts: for the coming of the Lord draweth nigh. James 5:8

But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, Meekness, temperance: against such there is no law. Galatians 5:22-23

I waited patiently for the Lord; and he inclined unto me, and heard my cry. Psalm 40:1

For his anger endureth but a moment; in his favour is life: weeping may endure for a night, but joy cometh in the morning. Psalm 30:5

Be ye strong therefore, and let not your hands be weak: for your work shall be rewarded. 2 Chronicles 15:7

The Lord is good unto them that wait for him, to the soul that seeketh him. It is good that a man should both hope and quietly wait for the salvation of the Lord. Lamentations 3:25-26

For ye have need of patience, that, after ye have done the will of God, ye might receive the promise. Hebrews 10:36

For the vision is yet for an appointed time, but at the end it shall speak, and not lie: though it tarry, wait for it; because it will surely come, it will not tarry. Habakkuk 2:3

But that on the good ground are they, which in an honest and good heart, having heard the word, keep it, and bring forth fruit with patience. Luke 8:15

But he that shall endure unto the end, the same shall be saved. Matthew 24:13

And so, after he had patiently endured, he obtained the promise. Hebrews 6:15

Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us. Hebrews 12:1

And the servant of the Lord must not strive; but be gentle unto all men, apt to teach, patient. 2 Timothy 2:24

Here is the patience of the saints: here are they that keep the commandments of God, and the faith of Jesus. Revelation 14:12

Knowing this, that the trying of your faith worketh patience. But let patience have her perfect work, that ye may be perfect and entire, wanting nothing. James 1:3-4

I wait for the Lord, my soul doth wait, and in his word do I hope. Psalm 130:5

PRAYER

Is any among you afflicted? let him pray. Is any merry? let him sing psalms. Is any sick among you? let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord: And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him. Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much. James 5:13-16

Rejoice evermore. Pray without ceasing. In every thing give thanks: for this is the will of God in Christ Jesus concerning you. 1 Thessalonians 5:16-18

If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land. Now mine eyes shall be open, and mine ears attend unto the prayer that is made in this place. 2 Chronicles 7:14-15

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. Philippians 4:6-7

And this is the confidence that we have in him, that, if we ask any thing according to his will, he heareth us. And if we know that he hear us, whatsoever we ask, we know that we have the petitions that we desired of him. 1 John 5:14-15

Continue in prayer, and watch in the same with thanksgiving.
Colossians 4:2

Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them. Mark 11:24

Then shall ye call upon me, and ye shall go and pray unto me, and I will hearken unto you. Jeremiah 29:11

The Lord is nigh unto all them that call upon him, to all that call upon him in truth. Psalm 145:18

Call unto me, and I will answer thee, and show thee great and mighty things, which thou knowest not. Jeremiah 33:3

And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward. But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly. Matthew 6:5-6

Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much. James 5:16

Ye have not chosen me, but I have chosen you, and ordained you, that ye should go and bring forth fruit, and that your fruit should remain: that whatsoever ye shall ask of the Father in my name, he may give it you. John 15:16

But the end of all things is at hand: be ye therefore sober, and watch unto prayer. 1 Peter 4:7

I cried unto him with my mouth, and he was extolled with my tongue. Psalm 66:17

And whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son. John 14:13

And all things, whatsoever ye shall ask in prayer, believing, ye shall receive. Matthew 21:22

Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered. Romans 8:26

My voice shalt thou hear in the morning, O Lord; in the morning will I direct my prayer unto thee, and will look up. Psalm 5:3

Yet the Lord will command his lovingkindness in the day time, and in the night his song shall be with me, and my prayer unto the God of my life. Psalm 42:8

Hear my prayer, O Lord, give ear to my supplications: in thy faithfulness answer me, and in thy righteousness. Psalm 143:1

I called upon the Lord in distress: the Lord answered me, and set me in a large place. Psalm 118:5

Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak. Matthew 26:41

For the eyes of the Lord are over the righteous, and his ears are open unto their prayers: but the face of the Lord is against them that do evil. 1 Peter 3:12

So we fasted and besought our God for this: and he was intreated of us. Ezra 8:23

And the Lord turned the captivity of Job, when he prayed for his friends: also the Lord gave Job twice as much as he had before. Job 42:10

And when they had prayed, the place was shaken where they were assembled together; and they were all filled with the Holy Ghost, and they spake the word of God with boldness. Acts 4:31

After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name. Thy kingdom come, Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen. Matthew 6:9-13

Turn again, and tell Hezekiah the captain of my people, Thus saith the Lord, the God of David thy father, I have heard thy prayer, I have seen thy tears: behold, I will heal thee: on the third day thou shalt go up unto the house of the Lord. 2 Kings 20:5

And I will strengthen the house of Judah, and I will save the house of Joseph, and I will bring them again to place them; for I have mercy upon them: and they shall be as though I had not cast them off: for I am the Lord their God, and will hear them. Zechariah 10:6

Seek the Lord and his strength, seek his face continually. 1 Chronicles 16:11

Hearken therefore unto the supplications of thy servant, and of thy people Israel, which they shall make toward this place: hear thou from thy dwelling place, even from heaven; and when thou hearest, forgive. 2 Chronicles 6:21

I pray not that thou shouldest take them out of the world, but that thou shouldest keep them from the evil. John 17:15

The sacrifice of the wicked is an abomination to the Lord: but the prayer of the upright is his delight. Proverbs 15:8

I have called upon thee, for thou wilt hear me, O God: incline thine ear unto me, and hear my speech. Psalm 17:6

He will regard the prayer of the destitute, and not despise their prayer. Psalm 102:17

Let my prayer be set forth before thee as incense; and the lifting up of my hands as the evening sacrifice. Psalm 141:2

I exhort therefore, that, first of all, supplications, prayers, intercessions, and giving of thanks, be made for all men; For kings, and for all that are in authority; that we may lead a quiet and peaceable life in all godliness and honesty. For this is good and acceptable in the sight of God our Saviour; Who will have all men to be saved, and to come unto the knowledge of the truth. For there is one God, and one mediator between God and men, the man Christ Jesus; Who gave himself a ransom for all, to be testified in due time. 1 Timothy 2:1-6

REPENTANCE

Search me, O God, and know my heart: try me, and know my thoughts: And see if there be any wicked way in me, and lead me in the way everlasting. Psalm 139:23-24

To open their eyes, and to turn them from darkness to light, and from the power of Satan unto God, that they may receive forgiveness of sins, and inheritance among them which are sanctified by faith that is in me. Acts 26:18

Repent ye therefore, and be converted, that your sins may be blotted out, when the times of refreshing shall come from the presence of the Lord. And he shall send Jesus Christ, which before was preached unto you: Whom the heaven must receive until the

times of restitution of all things, which God hath spoken by the mouth of all his holy prophets since the world began. Acts 3:19-21 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. 1 John 1:9

If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land. 2 Chronicles 7:14

He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them shall have mercy. Proverbs 28:13

Bring forth therefore fruits meet for repentance. Matthew 3:8

The Lord is not slack concerning his promise, as some men count slackness; but is longsuffering to us-ward, not willing that any should perish, but that all should come to repentance. 2 Peter 3:9

But go ye and learn what that meaneth, I will have mercy, and not sacrifice: for I am not come to call the righteous, but sinners to repentance. Matthew 9:13

And rend your heart, and not your garments, and turn unto the Lord your God: for he is gracious and merciful, slow to anger, and of great kindness, and repenteth him of the evil. Joel 2:13

For I have no pleasure in the death of him that dieth, saith the Lord God: wherefore turn yourselves, and live ye. Ezekiel 18:32

And the times of this ignorance God winked at; but now commandeth all men every where to repent. Acts 17:30

The sacrifices of God are a broken spirit: a broken and a contrite heart, O God, thou wilt not despise. Psalm 51:17

For if ye turn again unto the Lord, your brethren and your children shall find compassion before them that lead them captive, so that they shall come again into this land: for the Lord your God is gracious and merciful, and will not turn away his face from you, if ye return unto him. 2 Chronicles 30:9

TEMPTATIONS

There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it. 1 Corinthians 10:13

Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: Whom resist stedfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world. 1 Peter 5:8-9

I can do all things through Christ which strengtheneth me. Philippians 4:13

Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to whom ye obey; whether of sin unto death, or of obedience unto righteousness? Romans 6:16

For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Ephesians 6:12

For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live. Romans 8:13

This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh. For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would. Galatians 5:16-17

Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us, Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God. Hebrews 12:1-2

Flee also youthful lusts: but follow righteousness, faith, charity, peace, with them that call on the Lord out of a pure heart. 2 Timothy 2:22

Watch ye and pray, lest ye enter into temptation. The spirit truly is ready, but the flesh is weak. Mark 14:38

And forgive us our sins; for we also forgive every one that is indebted to us. And lead us not into temptation; but deliver us from evil. Luke 11:4

The Lord knoweth how to deliver the godly out of temptations, and to reserve the unjust unto the day of judgment to be punished. 2 Peter 2:9

Submit yourselves therefore to God. Resist the devil, and he will flee from you. James 4:7

But they that will be rich fall into temptation and a snare, and into many foolish and hurtful lusts, which drown men in destruction and perdition. 1 Timothy 6:9

But they that will be rich fall into temptation and a snare, and into many foolish and hurtful lusts, which drown men in destruction and perdition. 1 John 2:16

Can a man take fire in his bosom, and his clothes not be burned? Can one go upon hot coals, and his feet not be burned? Proverbs 6:27-28

Be not deceived: evil communications corrupt good manners. 1 Corinthians 15:33

He that committeth sin is of the devil; for the devil sinneth from the beginning. For this purpose the Son of God was manifested, that he might destroy the works of the devil. 1 John 3:8

Let no man say when he is tempted, I am tempted of God: for God cannot be tempted with evil, neither tempteth he any man: But every man is tempted, when he is drawn away of his own lust, and enticed. James 1:13-14

They on the rock are they, which, when they hear, receive the word with joy; and these have no root, which for a while believe, and in time of temptation fall away. Luke 8:13

Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of meekness; considering thyself, lest thou also be tempted. Galatians 6:1

Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil. And when he had fasted forty days and forty nights, he was afterward an hungred. And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread. But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God. Then the devil taketh him up into the holy city, and setteth him on a pinnacle of the temple, And saith unto him, If thou be the Son of God, cast thyself down: for it is written, He shall give his angels charge concerning thee: and in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone. Jesus said unto him, It is written again, Thou shalt not tempt the Lord thy God. Matthew 4:1-7

For in that he himself hath suffered being tempted, he is able to succour them that are tempted. Hebrews 2:18

Wherewithal shall a young man cleanse his way? by taking heed thereto according to thy word. With my whole heart have I sought thee: O let me not wander from thy commandments. Thy word have I hid in mine heart, that I might not sin against thee. Blessed art thou, O Lord: teach me thy statutes. Psalm 119:9-12

Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak. Matthew 26:41

Because thou hast kept the word of my patience, I also will keep thee from the hour of temptation, which shall come upon all the world, to try them that dwell upon the earth. Revelation 3:10

For though we walk in the flesh, we do not war after the flesh: (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) Casting down imaginations, and every high thing that exalteth itself against the knowledge of ofGod, and bringing into captivity every thought to the obedience of Christ. 2 Corinthians 10:3-5

And it came to pass after these things, that his master's wife cast her eyes upon Joseph; and she said, Lie with me. But he refused, and said unto his master's wife, Behold, my master wotteth not what is with me in the house, and he hath committed all that he hath to my hand; There is none greater in this house than I; neither hath he kept back any thing from me but thee, because thou art his wife: how then can I do this great wickedness, and sin against God? Genesis 39:7-9

I made a covenant with mine eyes; why then should I think upon a maid? For what portion of God is there from above? and what inheritance of the Almighty from on high? Is not destruction to the wicked? and a strange punishment to the workers of iniquity? Doth not he see my ways, and count all my steps? If I have walked

with vanity, or if my foot hath hasted to deceit; Let me be weighed in an even balance that God may know mine integrity. Job 31:1-6

Mortify therefore your members which are upon the earth; fornication, uncleanness, inordinate affection, evil concupiscence, and covetousness, which is idolatry: For which things' sake the wrath of God cometh on the children of disobedience: In the which ye also walked some time, when ye lived in them. But now ye also put off all these; anger, wrath, malice, blasphemy, filthy communication out of your mouth. Lie not one to another, seeing that ye have put off the old man with his deeds; And have put on the new man, which is renewed in knowledge after the image of him that created him. Colossians 3:5-10

Ye that love the Lord, hate evil: he preserveth the souls of his saints; he delivereth them out of the hand of the wicked. Psalm 97:10

TRUST IN GOD

Trust in the Lord, and do good; so shalt thou dwell in the land, and verily thou shalt be fed. Psalm 37:3

Commit thy way unto the Lord; trust also in him; and he shall bring it to pass. Psalm 37:5

O my God, I trust in thee: let me not be ashamed, let not mine enemies triumph over me. Psalm 25:2

Blessed is the man that trusteth in the Lord, and whose hope the Lord is. For he shall be as a tree planted by the waters, and that spreadeth out her roots by the river, and shall not see when heat cometh, but her leaf shall be green; and shall not be careful in the year of drought, neither shall cease from yielding fruit. Jeremiah 17:7-8

Rest in the Lord, and wait patiently for him: fret not thyself because of him who prospereth in his way, because of the man who

bringeth wicked devices to pass. Psalm 37:7

For the Lord God is a sun and shield: the Lord will give grace and glory: no good thing will he withhold from them that walk uprightly. O Lord of hosts, blessed is the man that trusteth in thee. Psalms 84:11-12

O taste and see that the Lord is good: blessed is the man that trusteth in him. Psalm 34:8

Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths. Be not wise in thine own eyes: fear the Lord, and depart from evil. Proverbs 3:5-7

Some trust in chariots, and some in horses: but we will remember the name of the LORD our God. Psalm 20:7

What time I am afraid, I will trust in thee. In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me. Psalm 56:3-4

The Lord is my strength and my shield; my heart trusted in him, and I am helped: therefore my heart greatly rejoiceth; and with my song will I praise him. Psalm 28:7

Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee. Isaiah 26:3

The fear of man bringeth a snare: but whoso putteth his trust in the Lord shall be safe. Proverbs 29:25

Cause me to hear thy lovingkindness in the morning; for in thee do I trust: cause me to know the way wherein I should walk; for I lift up my soul unto thee. Psalm 143:8

It is better to trust in the Lord than to put confidence in man.
Psalm 118:8

UNBELIEVING SPOUSE

For if we sin wilfully after that we have received the knowledge of the truth, there remaineth no more sacrifice for sins. Hebrews 10:26

And unto the married I command, yet not I, but the Lord, Let not the wife depart from her husband: But and if she depart, let her remain unmarried or be reconciled to her husband: and let not the husband put away his wife. But to the rest speak I, not the Lord: If any brother hath a wife that believeth not, and she be pleased to dwell with him, let him not put her away. And the woman which hath an husband that believeth not, and if he be pleased to dwell with her, let her not leave him. For the unbelieving husband is sanctified by the wife, and the unbelieving wife is sanctified by the husband: else were your children unclean; but now are they holy. But if the unbelieving depart, let him depart. A brother or a sister is not under bondage in such cases: but God hath called us to peace. For what knowest thou, O wife, whether thou shalt save thy husband? or how knowest thou, O man, whether thou shalt save thy wife? But as God hath distributed to every man, as the Lord hath called every one, so let him walk. And so ordain I in all churches. 1 Corinthians 7:10-17

The king's heart is in the hand of the Lord, as the rivers of water: he turneth it whithersoever he will. Proverbs 21:1

Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap. For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting. Galatians 6:7-8

Two are better than one; because they have a good reward for their

labour. For if they fall, the one will lift up his fellow: but woe to him that is alone when he falleth; for he hath not another to help him up. Ecclesiastes 4:9-10

A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you an heart of flesh. And I will put my spirit within you, and cause you to walk in my statutes, and ye shall keep my judgments, and do them. Ezekiel 36:26-27

Yet ye say, Wherefore? Because the Lord hath been witness between thee and the wife of thy youth, against whom thou hast dealt treacherously: yet is she thy companion, and the wife of thy covenant. And did not he make one? Yet had he the residue of the spirit. And wherefore one? That he might seek a godly seed. Therefore take heed to your spirit, and let none deal treacherously against the wife of his youth. For the Lord, the God of Israel, saith that he hateth putting away: for one covereth violence with his garment, saith the Lord of hosts: therefore take heed to your spirit, that ye deal not treacherously. Malachi 2:14-16

So ought men to love their wives as their own bodies. He that loveth his wife loveth himself. For no man ever yet hated his own flesh; but nourisheth and cherisheth it, even as the Lord the church. Ephesians 5:28-29

And I say unto you, Whosoever shall put away his wife, except it be for fornication, and shall marry another, committeth adultery: and whoso marrieth her which is put away doth commit adultery. Matthew 19:9

Ye adulterers and adulteresses, know ye not that the friendship of the world is enmity with God? whosoever therefore will be a friend of the world is the enemy of God. James 4:4

VICTORY

And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death. Revelation 12:11

For ye shall go out with joy, and be led forth with peace: the mountains and the hills shall break forth before you into singing, and all the trees of the field shall clap their hands. Isaiah 55:12

For the Lord your God is he that goeth with you, to fight for you against your enemies, to save you. Deuteronomy 20:4

I can do all things through Christ which strengtheneth me. Philippians 4:13

But thanks be to God, which giveth us the victory through our Lord Jesus Christ. 1 Corinthians 15:57

Through God we shall do valiantly: for he it is that shall tread down our enemies. Psalm 108:13

For a just man falleth seven times, and riseth up again: but the wicked shall fall into mischief. Proverbs 24:16

And he said unto me, It is done. I am Alpha and Omega, the beginning and the end. I will give unto him that is athirst of the fountain of the water of life freely. He that overcometh shall inherit all things; and I will be his God, and he shall be my son. Revelation 21:6-7

For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith. 1 John 5:4

Now thanks be unto God, which always causeth us to triumph in Christ, and maketh manifest the savour of his knowledge by us in every place. 2 Corinthians 2:14

Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you. Luke 10:19

For I the Lord thy God will hold thy right hand, saying unto thee, Fear not; I will help thee. Isaiah 41:13

Thine, O Lord is the greatness, and the power, and the glory, and the victory, and the majesty: for all that is in the heaven and in the earth is thine; thine is the kingdom, O Lord, and thou art exalted as head above all. 1 Chronicles 29:11

Know ye not that they which run in a race run all, but one receiveth the prize? So run, that ye may obtain. 1 Corinthians 9:24

Then said David to the Philistine, Thou comest to me with a sword, and with a spear, and with a shield: but I come to thee in the name of the Lord of hosts, the God of the armies of Israel, whom thou hast defied. This day will the Lord deliver thee into mine hand; and I will smite thee, and take thine head from thee; and I will give the carcasses of the host of the Philistines this day unto the fowls of the air, and to the wild beasts of the earth; that all the earth may know that there is a God in Israel. And all this assembly shall know that the Lord saveth not with sword and spear: for the battle is the Lord's, and he will give you into our hands. 1 Samuel 17:45-47

For they got not the land in possession by their own sword, neither did their own arm save them: but thy right hand, and thine arm, and the light of thy countenance, because thou hadst a favour unto them. Thou art my King, O God: command deliverances for Jacob. Through thee will we push down our enemies: through thy name will we tread them under that rise up against us. For I will not trust in my bow, neither shall my sword save me. But thou hast saved us from our enemies, and hast put them to shame that hated us. Psalm 44:3-7

Give us help from trouble: for vain is the help of man. Through God we shall do valiantly: for he it is that shall tread down our enemies. Psalm 60:11-12

O sing unto the Lord a new song; for he hath done marvellous things: his right hand, and his holy arm, hath gotten him the victory. Psalm 90:1

Thy right hand, O Lord, is become glorious in power: thy right hand, O Lord, hath dashed in pieces the enemy. Exodus 15:6

He will swallow up death in victory; and the Lord God will wipe away tears from off all faces; and the rebuke of his people shall he take away from off all the earth: for the Lord hath spoken it. Isaiah 25:8

And the Lord said unto Joshua, Fear them not: for I have delivered them into thine hand; there shall not a man of them stand before thee. Joshua 10:8

Then shalt thou prosper, if thou takest heed to fulfil the statutes and judgments which the Lord charged Moses with concerning Israel: be strong, and of good courage; dread not, nor be dismayed. 1 Chronicles 22:13

The Lord thy God in the midst of thee is mighty; he will save, he will rejoice over thee with joy; he will rest in his love, he will joy over thee with singing. Zephaniah 3:17

WISDOM

And he changeth the times and the seasons: he removeth kings, and setteth up kings: he giveth wisdom unto the wise, and knowledge to them that know understanding: He revealeth the deep and secret things: he knoweth what is in the darkness, and the light dwelleth with him. Daniel 2:21-22

For the Lord giveth wisdom: out of his mouth cometh knowledge and understanding. Proverbs 2:6

See then that ye walk circumspectly, not as fools, but as wise, Redeeming the time, because the days are evil. Ephesians 5:15-16

If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him. James 1:5

But the wisdom that is from above is first pure, then peaceable, gentle, and easy to be intreated, full of mercy and good fruits, without partiality, and without hypocrisy. James 3:17

How much better is it to get wisdom than gold! and to get understanding rather to be chosen than silver! Proverbs 16:16

That I may make it manifest, as I ought to speak. Walk in wisdom toward them that are without, redeeming the time. Colossians 4:4-5

Only by pride cometh contention: but with the well advised is wisdom. Proverbs 13:10

He that getteth wisdom loveth his own soul: he that keepeth understanding shall find good. Proverbs 19:8

So teach us to number our days, that we may apply our hearts unto wisdom. Psalm 90:12

The fear of the Lord is the instruction of wisdom; and before honour is humility. Proverbs 15:33

Hast thou not known? hast thou not heard, that the everlasting God, the Lord, the Creator of the ends of the earth, fainteth not, neither is weary? there is no searching of his understanding. Isaiah 40:28

Cease not to give thanks for you, making mention of you in my prayers; That the God of our Lord Jesus Christ, the Father of glory, may give unto you the spirit of wisdom and revelation in the knowledge of him: The eyes of your understanding being enlightened; that ye may know what is the hope of his calling, and what the riches of the glory of his inheritance in the saints. Ephesians 1:16-18

Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding. Proverbs 4:7

The fear of the Lord is the beginning of knowledge: but fools despise wisdom and instruction. Proverbs 1:7

So shall the knowledge of wisdom be unto thy soul: when thou hast found it, then there shall be a reward, and thy expectation shall not be cut off. Proverbs 24:14

O the depth of the riches both of the wisdom and knowledge of God! how unsearchable are his judgments, and his ways past finding out! Romans 11:33

The fear of the Lord is the beginning of wisdom: a good understanding have all they that do his commandments: his praise endureth for ever. Psalm 111:10

A fool uttereth all his mind: but a wise man keepeth it in till afterwards. Proverbs 19:11

The mouth of the righteous speaketh wisdom, and his tongue talketh of judgment. Psalm 37:30

For God giveth to a man that is good in his sight wisdom, and knowledge, and joy: but to the sinner he giveth travail, to gather and to heap up, that he may give to him that is good before God. This also is vanity and vexation of spirit. Ecclesiastes 2:26

But unto them which are called, both Jews and Greeks, Christ the power of God, and the wisdom of God. Because the foolishness of God is wiser than men; and the weakness of God is stronger than men. But of him are ye in Christ Jesus, who of God is made unto us wisdom, and righteousness, and sanctification, and redemption: That, according as it is written, He that glorieth, let him glory in the Lord. 1 Corinthians 1:24-25, 30-31

Settle it therefore in your hearts, not to meditate before what ye shall answer: For I will give you a mouth and wisdom, which all your adversaries shall not be able to gainsay nor resist. Luke 21:14-15

For wisdom is a defence, and money is a defence: but the excellency of knowledge is, that wisdom giveth life to them that have it. Ecclesiastes 7:12

With the ancient is wisdom; and in length of days understanding. With him is wisdom and strength, he hath counsel and understanding. Job 12:12-13

Behold, thou desirest truth in the inward parts: and in the hidden part thou shalt make me to know wisdom. Psalm 51:6

Thus saith the Lord, Let not the wise man glory in his wisdom, neither let the mighty man glory in his might, let not the rich man glory in his riches: But let him that glorieth glory in this, that he understandeth and knoweth me, that I am the Lord which exercise lovingkindness, judgment, and righteousness, in the earth: for in these things I delight, saith the Lord. Jeremiah 9:23-24

WIVES

Likewise, ye wives, be in subjection to your own husbands; that, if any obey not the word, they also may without the word be won by the conversation of the wives; While they behold your chaste conversation coupled with fear. Whose adorning let it not be that

outward adorning of plaiting the hair, and of wearing of gold, or of putting on of apparel; But let it be the hidden man of the heart, in that which is not corruptible, even the ornament of a meek and quiet spirit, which is in the sight of God of great price. 1 Peter 3:1-4

For thy Maker is thine husband; the Lord of hosts is his name; and thy Redeemer the Holy One of Israel; The God of the whole earth shall he be called. For the Lord hath called thee as a woman forsaken and grieved in spirit, and a wife of youth, when thou wast refused, saith thy God. Isaiah 54:5-6

Wives, submit yourselves unto your own husbands, as unto the Lord. For the husband is the head of the wife, even as Christ is the head of the church: and he is the saviour of the body. Therefore as the church is subject unto Christ, so let the wives be to their own husbands in every thing. Ephesians 5:22-24

The aged women likewise, that they be in behaviour as becometh holiness, not false accusers, not given to much wine, teachers of good things; That they may teach the young women to be sober, to love their husbands, to love their children, To be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed. Titus 2:3-5

Whoso findeth a wife findeth a good thing, and obtaineth favour of the Lord. Proverbs 18:22

Wives, submit yourselves unto your own husbands, as it is fit in the Lord. Colossians 3:18

A virtuous woman is a crown to her husband: but she that maketh ashamed is as rottenness in his bones. Proverbs 12:4

Thy wife shall be as a fruitful vine by the sides of thine house: thy children like olive plants round about thy table. Psalm 128:3

Let thy fountain be blessed: and rejoice with the wife of thy youth.
Proverbs 5:18

Even so must their wives be grave, not slanderers, sober, faithful in
all things. 1 Timothy 3:11

House and riches are the inheritance of fathers: and a prudent wife
is from the Lord. Proverbs 19:14

Every wise woman buildeth her house: but the foolish plucketh it
down with her hands. Proverbs 14:1

It is better to dwell in the corner of the housetop, than with a
brawling woman and in a wide house. Proverbs 25:24

See also Proverbs 31:10-31.

THANK YOU!

Thank you for taking the time to download and read *From One Brave Wife to Another*. We hope this book has encouraged and equipped you to press onward and upward in your walk with Christ.

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May God continue to bless you as you FIGHT the good fight and lay hold on eternal life!

Anika